

March 2025 Lounge

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<p>9:00am St Davids Day 1</p> <p>10:00am On This Day With Matt</p> <p>11:00am The Music of Wales With Matt</p> <p>11:45am Morning Movement - Upper Body Workout With Matt</p> <p>2:30pm Brain Training with Matt</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Max 2</p> <p>11:00am Minute To Win It- Balloon keepy ups with Max</p> <p>11:45am Morning Movement - Arm Exercises With Max</p> <p>2:30pm Getting To Know You with Max</p> <p>4:00pm Wind Down With Music</p>
<p>10:00am On This Day With Deb 3</p> <p>11:00am Morning Movement - Exercise to music with Deb</p> <p>11:30am Morning Worship with Deb</p> <p>2:30pm Word Games with Deb</p> <p>4:00pm Wind Down With Music</p>	<p>9:00am Pancake Day 4</p> <p>10:00am On This Day With Georgie</p> <p>11:00am Who Sang This? With Georgie</p> <p>11:45am Morning Movement - Skittles With Georgie</p> <p>2:30pm Impactful Women From History with Matt</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Matt 5</p> <p>11:00am Armchair Travel with Matt</p> <p>11:45am Morning Movement - Hand exercises with Matt</p> <p>2:30pm Fun With Numbers with Georgie</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Deb 6</p> <p>11:00am Finish The Phrase With Deb</p> <p>11:45am Morning Movement - Balls With Deb</p> <p>2:30pm Reminiscence- What Makes You Smile? With Caroline</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Athira 7</p> <p>11:00am Famous Faces With Athira</p> <p>11:45am Morning Movement - Balloons with Athira</p> <p>2:30pm General Knowledge Quiz with Athira</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Ellen 8</p> <p>11:00am What Were They Famous For? With Ellen</p> <p>11:45am Morning Movement - Upper Body Workout With Ellen</p> <p>2:30pm Bingo with Deb in the Dining Room</p> <p>2:30pm Singalong Saturday With Ellen</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Athira 9</p> <p>11:00am Minute To Win It- Alphabet Backwards with Athira</p> <p>11:45am Morning Movement - Arm Exercises With Athira</p> <p>2:30pm Craft With Athira</p> <p>4:00pm Wind Down With Music</p>
<p>10:00am On This Day With Deb 10</p> <p>11:00am Morning Movement - Exercise to music with Deb</p> <p>11:30am Morning Prayer with Rev Jane</p> <p>2:30pm Word Games with Deb</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Matt 11</p> <p>11:00am Tuneful Tuesday With Matt</p> <p>11:45am Morning Movement - Leg Exercises With Matt</p> <p>2:30pm Mystery Presentation with Matt</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Matt 12</p> <p>10:00am Qigong And Tai Chi With Cheyne</p> <p>11:45am Morning Movement - Hand exercises with Matt</p> <p>2:30pm Fun With Words with Georgie</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Caroline 13</p> <p>11:00am It Happened In March Quiz With Caroline</p> <p>11:45am Morning Movement - Balls With Caroline</p> <p>2:30pm Reminiscence- Clothes You Used To Wear With Deb</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Athira 14</p> <p>11:00am Spring Visual Quiz with Athira</p> <p>11:45am Morning Movement - Balloons with Athira</p> <p>2:30pm Musical entertainment with Mark Busell</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Matt 15</p> <p>11:00am Musical Medley With Matt</p> <p>11:45am Morning Movement - Upper Body Workout With Matt</p> <p>2:30pm Brain Training with Matt</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day With Max 16</p> <p>11:00am Minute To Win It- How Old Are They Now? with Max</p> <p>11:45am Morning Movement - Arm Exercises With Max</p> <p>2:30pm Getting To Know You with Max</p> <p>4:00pm Wind Down With Music</p>

9:00am St Patricks Day 17
10:00am On This Day With Matt
11:00am Morning Movement - Exercise to music with Matt
11:30am Morning Worship with Matt
2:30pm The music of Ireland with Deb
4:00pm Wind Down With Music

10:00am On This Day With Matt 18
11:00am Morning Movement - Skittles With Matt
11:30am The World At War - With Volunteer Simon
2:30pm Mystery Presentation with Matt
4:00pm Wind Down With Music

10:00am On This Day With Matt 19
11:00am Armchair Travel - Ireland with Matt
11:45am Morning Movement - Hand exercises with Matt
2:30pm Fun With Numbers with Georgie
4:00pm Wind Down With Music

10:00am On This Day With Deb 20
11:00am How Many Flowers Can You Name? with Deb
11:45am Morning Movement - Balls With Deb
2:30pm Baking Club With Deb
2:30pm Reminiscence With Caroline
4:00pm Wind Down With Music

9:00am World Poetry Day 21
10:00am On This Day With Athira
11:00am Poems With Athira
11:45am Morning Movement - Balloons with Athira
2:30pm General Knowledge Quiz with Athira
4:00pm Wind Down With Music

10:00am On This Day With Ellen 22
11:00am Tongue Twisters With Ellen
11:45am Morning Movement - Upper Body Workout With Ellen
2:30pm Bingo with Deb in the Dining Room
4:00pm Wind Down With Music

10:00am On This Day With Athira 23
11:00am Minute To Win It- English Counties with Athira
11:45am Morning Movement - Arm Exercises With Athira
2:30pm Craft With Athira
4:00pm Wind Down With Music

10:00am On This Day With Deb 24
11:00am Morning Movement - Exercise to music with Deb
11:30am Morning Worship with Deb
2:30pm Word Games with Deb
3:00pm Bishop Visit PM TBC
4:00pm Wind Down With Music

10:00am On This Day With Matt 25
11:00am Tuneful Tuesday With Matt
11:45am Morning Movement - Leg Exercises With Matt
2:30pm Mystery Presentation with Matt
4:00pm Wind Down With Music

10:00am On This Day With Matt 26
11:00am Armchair Travel- Greece with Matt
11:45am Morning Movement - Hand exercises with Matt
2:30pm Fun With Words with Georgie
4:00pm Wind Down With Music

10:00am On This Day With Caroline 27
11:00am Things Your Mother Told You With Caroline
11:45am Morning Movement - Balls With Caroline
2:30pm The Price Is Right With Deb
4:00pm Wind Down With Music

10:00am On This Day With Athira 28
11:00am Residents Meeting With Matt
2:30pm General Knowledge Quiz with Athira
4:00pm Wind Down With Music

10:00am On This Day With Matt 29
11:00am Musical Medley With Matt
11:45am Morning Movement - Upper Body Workout With Matt
2:30pm Brain Training with Matt
4:00pm Wind Down With Music

9:00am Mothering Sunday 30
10:00am On This Day With Max
11:00am Minute To Win It- Jenga with Max
11:45am Morning Movement - Arm Exercises With Max
2:30pm Mothers Day Tea Party in the Lounge
4:00pm Wind Down With Music

10:00am On This Day With Deb 31
11:00am Morning Movement - Exercise to music with Deb
11:30am Morning Worship with Deb
2:30pm Word Games with Deb
4:00pm Wind Down With Music

