

NEWSLETTER

October 2024

Castle House Nursing Home. No 10



Editor's Desk

Hello Residents, Families and Friends!

This month, we celebrate the incredible diversity and beauty of the animal kingdom with World Animal Day on October 4th. This special day serves as a reminder of the important role's animals play in our lives - offering companionship, inspiring wonder, and contributing to the balance of our ecosystems.



Animals have a unique way of touching our lives. We are lucky to have our animals that live with us within the home, as well as many animal visitors. Whether it's the joy of watching birds outside our windows or fond memories of pets we've loved, animals bring warmth and companionship to our days. As we think about the animals that have made a difference in our lives, let's take a moment to appreciate the joy and unconditional love they offer.

All the best

Jo, Matt & Jo x

October Trivia

October was the eighth month in the Roman calendar, named from the Latin word "octo," meaning eight. Later, January and February were added, moving October to the tenth month.

Zodiac signs: **Libra & Scorpio**
Birthstone: **Opal & Tourmaline**
Flower: **Calendula**

Quote of the Day

*Until one has loved
an animal, a part of
one's soul remains
unawakened.*

- Anatole France

Photo Gallery

Hi, I am Missy, and I have lived at Castle House with my owner Derek since August 2022 we lived in Scotland before that. I love to be fussed, and I am around 6 years old. I used to be a house cat, but now like to venture out and about the grounds.



I am Sophie and I am over 15 years old, I was rehomed by CHNH. Luckily I was bought here, where I enjoy the spoils of the ladies and gents of corridor 2. I also like a nice sunny spot, normally some ones bed.



I am Bella and I have lived here since 2017. I came in with my owner, who sadly passed away and I was invited to stay. I am not one for affection, I decide who I want to sit with, and who I want loving from. I own you, you don't own me! I like a nice sunny spot, to snooze and enjoy life. I am around 8 years old. I do have a bit of a sharpe sting in my tail, so be warned.....

Gallery Page



I am Graham, other wise known as G - Dog. I have lived at the nursing home for over a year. I was rehomed by Jo M from Pets at Home, as I was a bit of a bully towards my brother and sisters. I am know as the "fat Potatoe" due to the amount of good living I have been experiencing. I do love a cuddle, and enjoy sitting on resdients laps. I do not enjoy having a bath!



Gallery Page

Residents enjoying the vocals of Victoria Starr. We have had some lovely comments on our recent musical acts, Matt has re booked some of the artists for the coming months and into next year.

If you have thoughts on who you would like to perform or give a talk, please let Matt or Debbie know.



George and his wife Margaret and friend enjoying the afternoon entertainment.



Alex and Frankie having a lovely dance together.

Upcoming Events

The World at War – with Simon

Tuesday 1st of October 11:30am, Lounge

Tai Chi and Qigong – Taster session

Wednesday 2nd of October 10.00pm, Garden Room

Baking club – with Debbie

Thursday 3rd of October 2:30pm, Dining Room

World Animal Day – with Georgie

Friday 4th of October 11.00am, Lounge

Morning Worship – with Debbie

Monday 7th of October, 1130am, Recreation Area

Live Piano Music – with Mark Busell

Saturday 12th of October 2.30pm, Dining Room



Regular Events

Daily News – Diny's Den – Dining Room

Morning Movement – Garden Room

Morning Worship – 7th, 21st & 28th

Holy Communion 14th & 21st

Hairdresser alternate Monday's & Tuesday's – Please check with reception

Ladies that Lunch – Garden Room – Tuesday's

Richard and his read club – Wednesday afternoons – Garden room.

Manicures with Lauren – Sundays

Pet Therapy

PLEASE CHECK THE SCHEDULE FOR MORE INFORMATION

October Birthdays

In October, we celebrate birthdays with:

- **Joyce**
- **Jackie**
- **Liz – AKA Granny**
- **Peggy M**
- **Helen**
- **Jean**



Julie Andrews, Actor, 1st October 1935
Chevy Chase, Actor, 8th October 1943
John Lennon, Musician, 9th October 1940
Hugh Jackman, Actor, 12th October 1968
Margaret Thatcher, Prime Minister, 13th October 1925
Rita Hayworth, Actress, 17th October 1918
Joan Fontaine, Actress, 22nd October 1917
Pablo Picasso, Painter, 25th October 1881
Carrie Fisher, Actress, 21st October 1956
Bill Gates, Philanthropist, 28th October 1965

Libra (Oct 23 - Oct 22)

Librans are often considered the nicest and most charming personality in the world!

Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

October Spotlight: The Light Bulb

In October 1879, Thomas Edison successfully tested a practical electric light bulb with a carbon filament that lasted 13.5 hours. This invention revolutionized life, marking the start of the electric age and symbolizing the power of innovation.

WOW!

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Mrs Margaret Draper**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past few month!

- **Ancel**
- **Josphine**
- **Roy**
- **Corrine**
- **Ellen**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

Robert & Maureen

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are several avenues available for you to express your views, suggestions and complaints.

There is a suggestion box in reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception or email us anytime.

Thank you!

Noticeboard



CASTLE HOUSE HERO

Congratulations to Rose, who is our latest Castle House Hero.

For your attention to detail, especially regarding daily documentation, your understanding of resident's needs, your kindness and compassion, and how you always seem to have "time" for everything and everybody. Thank you

Castle House Hero is nominated by the residents, manager and her team, as well as families.

If you would like to nominate a member of staff, please email

office@castlehousenursinghome.com

The prize is a closely guarded secret.

This month we held our first MacMillian Coffee morning. We were blown away by how many people attended, bought not only a cup of coffee and cake, but also raffle tickets. I am so pleased to be able to tell you we raised just over **£350.00** for a couple of hours work. The charity is so close to many of us, both staff, friends and families. Photos to follow.

Congratulations to both Joy and Noel who have both been promoted to Senior Care Assistant. Both has shown the qualities that we look for in senior staff at CHNH. We wish them every success going forward, and will be supporting them 100%



Spotlight



Hi, I am Corrine, I have recently qualified as an RGN, and Castle House is my first experience looking after residents within a nursing home. I have always work within health care and I am passionate about taking care of people, esp. the elderly. I was a student nurse here in 2021, and fell in love with the place, the people and of course the residents. So, on spec I email Jo M, asking if there was any post available, and the rest is history. Outside of work, I am a mum of 4 children, 2 step, 2 my own, and 2 dogs. I am a published writer of poems and shorts stories, and now I have more time on my hands, I would love to write a novel and have one in process. I love food, country music, I am getting married in 2025. I run a clay shoot with my partner, 1st Sunday of the month. If I could go any where in the world for a holiday, it would be Oz, Italy, anywhere warm with good food and wine.



Hi, I am Aayush, I am one of the youngest members of our care team. Before living in Keinton Mandeville, I was studying at home in Nepal, whilst at school, I achieved my Higher 2nd grade. I have always dreamt of visiting other countries, when I was given the opportunity to join my Uncle Dinesh who is one of the chef's here, and his wife Sam a RGN at the home, I grabbed the opportunity with both hands. I joined them in April 2024. I can't narrow down 1 thing that I like about the job, I like it all, I enjoy talking to our residents and learning life lessons from them. I enjoy watching and playing football when I can, I write songs, I enjoying singing and looking baby Rubin.

Poem to Share

A Dog's Love

Edgar A. Guest

A dog's love is something true,
It comes without a price or fee.
A loyal friend, steadfast and strong,
Who walks with us, where we belong.

They ask for little, give so much,
A gentle nudge, a soft, warm touch.
In their eyes, we see a trust,
A love that's pure, a bond that's just.

So cherish well this friend so dear,
For in their heart, you're held near.
In a dog's love, you'll always find,
A faithful heart, forever kind.