September 2024 Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	·THURSDAY	FRIDAY	SATURDAY	· SUNDAY ·
						10:00am Manicure Morning 1 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Floor Games 11:00am Pet Therapy With Graham 11:45am Morning Movement - Parachute 2:30pm Getting To Know You L 2:30pm Sunday Stroll 4:00pm Wind Down With Music
9:15am Exercise - GR 2 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Morning Movement - Exercise to music 11:00am Puzzle Morning 11:30am Morning Worship 2:30pm Short Stories 4:00pm Wind Down With Music	9:15am Exercise - Lounge 3 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Morning Movement - Skittles 11:00am Tuneful Tuesday - DR 11:30am The World At War - With Volunteer Simon 2:30pm Board Games- DR 2:30pm Famous Faces 4:00pm Wind Down With Music	9:15am Exercise - GR 4 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Armchair Travel 11:00am Sensory - Dressing Up 11:45am Morning Movement - Balloons 2:30pm Book Club With Volunteer Richard 2:30pm Fun With Numbers 4:00pm Wind Down With Music	9:15am Exercise - GR 5 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Songs From Your Childhood 11:00am Sudokus 11:45am Morning Movement - Balls 2:30pm Baking Club 2:30pm Nature Presentation Lounge 4:00pm Wind Down With Music	9:15am Exercise - GR 6 10:00am Craft - DR 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Reminiscence- Shops of yesteryear 11:45am Morning Movement - How's Your Aim? 2:00pm Gardening Club 2:30pm General Knowledge Quiz 4:00pm Wind Down With Music	10:00am On This Day - L 7 11:00am Floor Games 11:00am Higher Or Lower 11:45am Morning Movement - Upper Body Workout 2:30pm Bingo 4:00pm Wind Down With Music	10:00am Manicure Morning 8 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Pet Therapy With Graham 11:00am Table Tennis - Weather Permitting 11:45am Morning Movement - Parachute 2:30pm Sunday Stroll 2:30pm What Brings You Joy? 4:00pm Wind Down With Music
9:15am Exercise - GR 9 10:00am On This Day - L 11:00am Morning Movement - Exercise to music 11:30am Morning Worship 2:30pm Word Games 4:00pm Wind Down With Music	9:15am Exercise - GR 10 10:00am On This Day - L 10:30am Daily News 11:00am Reminiscence - Childhood Memories 11:00am Tuneful Tuesday 11:45am Morning Movement - Skittles 2:30pm Card Games- GR 2:30pm Mystery Presentation 4:00pm Wind Down With Music	9:15am Exercise - Lounge 11 10:00am On This Day - L 11:00am Armchair Travel 11:45am Morning Movement - Balloons 2:30pm Book Club With Volunteer Richard -Lounge 2:30pm Fun With Words -DR 4:00pm Wind Down With Music	9:15am Exercise - Lounge 12 10:00am On This Day - L 11:00am Finish The Phrase 11:45am Morning Movement - Balls 2:30pm Film Club In The Lounge 4:00pm Wind Down With Music	9:15am Exercise - GR 13 10:00am Craft - DR 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Roald Dahl Day Stories 11:45am Morning Movement - How's Your Aim? 2:30pm Flower Colouring 2:30pm General Knowledge Quiz 4:00pm Wind Down With Music	10:00am On This Day - L 14 10:30am Daily News- Diny's Den 11:00am Floor Games 11:00am Memories Of School 11:00am Singalong Saturday 11:45am Morning Movement - Upper Body Workout 2:30pm Brain Training 2:30pm Sensory - Textures 4:00pm Wind Down With Music	10:00am Manicure Morning 15 10:00am On This Day - L 10:30am Daily News- Diny's Den 11:00am Pet Therapy With Graham 11:45am Morning Movement - Parachute 2:30pm Getting To Know You - GR 2:30pm Sunday Stroll 2:30pm The Last Night Of The Proms 4:00pm Wind Down With Music

9:15am Exercise - GR 16 9:15am Exercise - GR 17 9:15am Exercise - GR 18 9:00am Talk Like A 19 9:15am Exercise - GR 20 10:00am On This Day - 21 10:00am Manicure 22 10:00am On This Day - L Pirate Day! 10:00am Craft - DR Mornina 10:00am On This Day - L 10:00am On This Day - L 10:00am On This Day - L 9:15am Exercise - GR 11:00am Floor Games 10:30am Daily News-10:30am Daily News-10:00am On This Day - L 10:30am Daily News-Diny's Den Diny's Den Diny's Den 10:00am On This Day - L 11:45am Morning 10:30am Daily News-10:30am Daily News-Movement - Upper Body Diny's Den 11:00am Armchair Travel 11:00am Morning 11:00am Morning 10:30am Daily News-Diny's Den Workout Movement - Exercise to Movement - Skittles Diny's Den 11:00am First Day Of 11:00am Giant Jenga 11:00am Memory Game- I 2:30pm Bingo Autumn Quiz music 11:00am Tuneful Tuesday 11:00am Pirate Facts And Went To Market 11:45am Morning 11:00am Puzzle Morning 11:30am The World At Trivia 11:45am Morning 4:00pm Wind Down With 11:00am Pet Therapy With Movement - Balloons 11:30am Morning Worship War - With Volunteer 2:30pm Book Club With 11:00am Reminiscence-Movement - How's Your Music Graham Simon Aim? 11:45am Morning 2:30pm Short Stories Volunteer Richard Cooking And Baking Movement - Parachute 2:30pm Musical 11:45am Morning 2:00pm Gardening Club 2:30pm Word Games 2:30pm Fun With Numbers **Entertainment With Victoria** Movement - Balls 2:30pm Scattergories 2:30pm General 4:00pm Wind Down With 4:00pm Wind Down With Starr Music 2:30pm Baking Club Knowledge Quiz 2:30pm Sunday Stroll Music 4:00pm Wind Down With 2:30pm Walk Down The 4:00pm Wind Down With 4:00pm Wind Down With Music Plank Quiz Music Music 4:00pm Wind Down With Music 9:15am Exercise - GR 23 9:15am Exercise -9:15am Exercise -9:15am Exercise - GR 26 9:15am Exercise - GR 27 10:00am On This Day - 28 10:00am Manicure 29 10:00am On This Day - L Lounge Lounge 10:00am On This Day - L 10:00am Macmillan Coffee Morning 10:00am On This Day - L 10:00am On This Day - L 11:00am Resident's Morning 11:00am Floor Games 10:00am On This Day - L 11:00am Morning Movement - Exercise to 11:00am Songs Of The 11:00am Armchair Travel 11:45am Morning 11:00am Name That 10:30am Daily News-Meeting West End Movement - How's Your music 11:45am Morning 11:45am Morning Sound Diny's Den Aim? 11:30am Morning Worship 11:45am Morning Movement - Balloons Movement - Balls 11:45am Morning 11:00am Pet Therapy With 2:30pm Word Games Movement - Skittles 2:30pm Book Club With 2:30pm Nature 2:30pm General Movement - Upper Body Graham Volunteer Richard -Knowledge Quiz Workout 2:30pm Mystery Documentary 11:45am Morning 4:00pm Wind Down With 2:30pm Reminiscence 2:30pm Brain Training Movement - Parachute Presentation Lounge Music 2:30pm Resident Meeting 4:00pm Wind Down With 4:00pm Wind Down With 4:00pm Wind Down With 2:30pm Getting To Know One To Ones 2:30pm Puzzles Music You... L Music Music 4:00pm Wind Down With 4:00pm Wind Down With 2:30pm Sunday Stroll Music Music 4:00pm Wind Down With Music 9:15am Exercise - GR 30 10:00am On this Day 11:00am Morning Movement - Exercise to music

11:30am Morning Worship
2:30pm Word Games
4:00pm Wind Down With

Music