

September 2024 Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						<p>10:00am Manicure Morning 1</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Floor Games</p> <p>11:00am Pet Therapy With Graham</p> <p>11:45am Morning Movement - Parachute</p> <p>2:30pm Getting To Know You... L</p> <p>2:30pm Sunday Stroll</p> <p>4:00pm Wind Down With Music</p>
<p>9:15am Exercise - GR 2</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Morning Movement - Exercise to music</p> <p>11:00am Puzzle Morning</p> <p>11:30am Morning Worship</p> <p>2:30pm Short Stories</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - Lounge 3</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Morning Movement - Skittles</p> <p>11:00am Tuneful Tuesday - DR</p> <p>11:30am The World At War - With Volunteer Simon</p> <p>2:30pm Board Games- DR</p> <p>2:30pm Famous Faces</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 4</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Armchair Travel</p> <p>11:00am Sensory - Dressing Up</p> <p>11:45am Morning Movement - Balloons</p> <p>2:30pm Book Club With Volunteer Richard</p> <p>2:30pm Fun With Numbers</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 5</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Songs From Your Childhood</p> <p>11:00am Sudokus</p> <p>11:45am Morning Movement - Balls</p> <p>2:30pm Baking Club</p> <p>2:30pm Nature Presentation Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 6</p> <p>10:00am Craft - DR</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Reminiscence- Shops of yesteryear</p> <p>11:45am Morning Movement - How's Your Aim?</p> <p>2:00pm Gardening Club</p> <p>2:30pm General Knowledge Quiz</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day - L 7</p> <p>11:00am Floor Games</p> <p>11:00am Higher Or Lower</p> <p>11:45am Morning Movement - Upper Body Workout</p> <p>2:30pm Bingo</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am Manicure Morning 8</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Pet Therapy With Graham</p> <p>11:00am Table Tennis - Weather Permitting</p> <p>11:45am Morning Movement - Parachute</p> <p>2:30pm Sunday Stroll</p> <p>2:30pm What Brings You Joy?</p> <p>4:00pm Wind Down With Music</p>
<p>9:15am Exercise - GR 9</p> <p>10:00am On This Day - L</p> <p>11:00am Morning Movement - Exercise to music</p> <p>11:30am Morning Worship</p> <p>2:30pm Word Games</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 10</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News</p> <p>11:00am Reminiscence - Childhood Memories</p> <p>11:00am Tuneful Tuesday</p> <p>11:45am Morning Movement - Skittles</p> <p>2:30pm Card Games- GR</p> <p>2:30pm Mystery Presentation</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - Lounge 11</p> <p>10:00am On This Day - L</p> <p>11:00am Armchair Travel</p> <p>11:45am Morning Movement - Balloons</p> <p>2:30pm Book Club With Volunteer Richard -Lounge</p> <p>2:30pm Fun With Words -DR</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - Lounge 12</p> <p>10:00am On This Day - L</p> <p>11:00am Finish The Phrase</p> <p>11:45am Morning Movement - Balls</p> <p>2:30pm Film Club In The Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 13</p> <p>10:00am Craft - DR</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Roald Dahl Day Stories</p> <p>11:45am Morning Movement - How's Your Aim?</p> <p>2:30pm Flower Colouring</p> <p>2:30pm General Knowledge Quiz</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day - L 14</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Floor Games</p> <p>11:00am Memories Of School</p> <p>11:00am Singalong Saturday</p> <p>11:45am Morning Movement - Upper Body Workout</p> <p>2:30pm Brain Training</p> <p>2:30pm Sensory - Textures</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am Manicure Morning 15</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News- Diny's Den</p> <p>11:00am Pet Therapy With Graham</p> <p>11:45am Morning Movement - Parachute</p> <p>2:30pm Getting To Know You - GR</p> <p>2:30pm Sunday Stroll</p> <p>2:30pm The Last Night Of The Proms</p> <p>4:00pm Wind Down With Music</p>

9:15am Exercise - GR 16
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Morning Movement - Exercise to music
11:00am Puzzle Morning
11:30am Morning Worship
2:30pm Short Stories
2:30pm Word Games
4:00pm Wind Down With Music

9:15am Exercise - GR 17
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Morning Movement - Skittles
11:00am Tuneful Tuesday
11:30am The World At War - With Volunteer Simon
2:30pm Musical Entertainment With Victoria Starr
4:00pm Wind Down With Music

9:15am Exercise - GR 18
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Armchair Travel
11:00am Giant Jenga
11:45am Morning Movement - Balloons
2:30pm Book Club With Volunteer Richard
2:30pm Fun With Numbers
4:00pm Wind Down With Music

9:00am Talk Like A Pirate Day! 19
9:15am Exercise - GR
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Pirate Facts And Trivia
11:00am Reminiscence-Cooking And Baking
11:45am Morning Movement - Balls
2:30pm Baking Club
2:30pm Walk Down The Plank Quiz
4:00pm Wind Down With Music

9:15am Exercise - GR 20
10:00am Craft - DR
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Memory Game-I Went To Market
11:45am Morning Movement - How's Your Aim?
2:00pm Gardening Club
2:30pm General Knowledge Quiz
4:00pm Wind Down With Music

10:00am On This Day - 21 L
11:00am Floor Games
11:45am Morning Movement - Upper Body Workout
2:30pm Bingo
4:00pm Wind Down With Music

10:00am Manicure Morning 22
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am First Day Of Autumn Quiz
11:00am Pet Therapy With Graham
11:45am Morning Movement - Parachute
2:30pm Scattergories
2:30pm Sunday Stroll
4:00pm Wind Down With Music

9:15am Exercise - GR 23
10:00am On This Day - L
11:00am Morning Movement - Exercise to music
11:30am Morning Worship
2:30pm Word Games
4:00pm Wind Down With Music

9:15am Exercise - 24 Lounge
10:00am On This Day - L
11:00am Songs Of The West End
11:45am Morning Movement - Skittles
2:30pm Mystery Presentation
4:00pm Wind Down With Music

9:15am Exercise - 25 Lounge
10:00am On This Day - L
11:00am Armchair Travel
11:45am Morning Movement - Balloons
2:30pm Book Club With Volunteer Richard - Lounge
4:00pm Wind Down With Music

9:15am Exercise - GR 26
10:00am On This Day - L
11:00am Resident's Meeting
11:45am Morning Movement - Balls
2:30pm Nature Documentary
2:30pm Resident Meeting One To Ones
4:00pm Wind Down With Music

9:15am Exercise - GR 27
10:00am Macmillan Coffee Morning
11:45am Morning Movement - How's Your Aim?
2:30pm General Knowledge Quiz
2:30pm Reminiscence
4:00pm Wind Down With Music

10:00am On This Day - 28 L
11:00am Floor Games
11:00am Name That Sound
11:45am Morning Movement - Upper Body Workout
2:30pm Brain Training
2:30pm Puzzles
4:00pm Wind Down With Music

10:00am Manicure Morning 29
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Pet Therapy With Graham
11:45am Morning Movement - Parachute
2:30pm Getting To Know You... L
2:30pm Sunday Stroll
4:00pm Wind Down With Music

9:15am Exercise - GR 30
10:00am On this Day
11:00am Morning Movement - Exercise to music
11:30am Morning Worship
2:30pm Word Games
4:00pm Wind Down With Music