

# August 2024 Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			<p><b>9:15am</b> Exercise - GR 1</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Dice Golf Game</p> <p><b>11:00am</b> Sensory - Colouring</p> <p><b>11:45am</b> Morning Movement - Beanbags</p> <p><b>2:30pm</b> Baking Club</p> <p><b>2:30pm</b> Rummage Box - Gardening</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>9:15am</b> Exercise - GR 2</p> <p><b>10:00am</b> Craft - DR</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Reminiscence - Most Popular Foods</p> <p><b>11:45am</b> Morning Movement - Hoopla</p> <p><b>2:30pm</b> Places Of The World Quiz</p> <p><b>2:30pm</b> Rummage Box - Cooking</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>10:00am</b> On This Day - 3 L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Croquet On The Lawn</p> <p><b>11:00am</b> Floor Games</p> <p><b>11:45am</b> Morning Movement - Upper Body Workout</p> <p><b>3:00pm</b> GARDEN PARTY</p>	<p><b>10:00am</b> Manicure 4 Morning</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Hand Bells GR</p> <p><b>11:45am</b> Morning Movement - Parachute</p> <p><b>2:30pm</b> Arts And Crafts</p> <p><b>2:30pm</b> Fun with Numbers</p> <p><b>4:00pm</b> Wind Down With Music</p>
<p><b>9:15am</b> Exercise - GR 5</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Morning Movement - Exercise to music</p> <p><b>11:00am</b> Tongue Twisters</p> <p><b>11:30am</b> Morning Worship</p> <p><b>2:30pm</b> Mysterious Stories With Matt</p> <p><b>2:30pm</b> Word Games Lounge</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>9:15am</b> Exercise - GR 6</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Armchair Travel</p> <p><b>11:00am</b> Name That Tune</p> <p><b>11:45am</b> Morning Movement - Skittles</p> <p><b>2:30pm</b> Animals Of The World</p> <p><b>2:30pm</b> Fun with Letters</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>9:15am</b> Exercise - GR 7</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Presentation</p> <p><b>11:00am</b> Sensory - Dressing Up</p> <p><b>11:45am</b> Morning Movement - Balloons</p> <p><b>2:30pm</b> Book Club with Volunteer Richard</p> <p><b>2:30pm</b> British Landmarks</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>9:15am</b> Exercise - GR 8</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Connect 4</p> <p><b>11:00am</b> Famous Face - GR</p> <p><b>11:45am</b> Morning Movement - Balls</p> <p><b>2:30pm</b> Quiz</p> <p><b>2:30pm</b> Short Stories Garden Rm</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>9:15am</b> Exercise - GR 9</p> <p><b>10:00am</b> Craft - DR</p> <p><b>10:00am</b> On This Day - L</p> <p><b>10:30am</b> Daily News-Diny's Den</p> <p><b>11:00am</b> Musical Memories</p> <p><b>11:45am</b> Morning Movement - How's Your Aim?</p> <p><b>2:00pm</b> Gardening Club</p> <p><b>2:30pm</b> Scattergories - L</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>10:00am</b> On This Day 10 - L</p> <p><b>11:00am</b> Floor Games</p> <p><b>11:45am</b> Morning Movement - Upper Body Workout</p> <p><b>2:30pm</b> Bingo</p> <p><b>4:00pm</b> Wind Down With Music</p>	<p><b>10:00am</b> Manicure 11 Morning</p> <p><b>10:00am</b> On This Day - L</p> <p><b>11:00am</b> Name The Instrument audio quiz</p> <p><b>11:45am</b> Morning Movement - Parachute</p> <p><b>2:30pm</b> Nursery Rhyme - Name The Next Line</p> <p><b>4:00pm</b> Wind Down With Music</p>

**9:15am** Exercise - GR 12  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Morning Movement - Exercise to music  
**11:00am** Relax With Colouring  
**11:30am** Morning Worship  
**2:30pm** Olympic Closing Ceremony For Those Who Missed It  
**2:30pm** Word Games Lounge  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 13  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Morning Movement - Skittles  
**11:00am** Tuneful Tuesday  
**11:30am** World At War With Simon  
**2:30pm** Board Games GR  
**2:30pm** Presentation Lounge  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 14  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Armchair Travel - L  
**11:00am** Jigsaw Puzzles  
**11:45am** Morning Movement - Balloons  
**2:30pm** Book Club with Volunteer Richard  
**2:30pm** Fun With Numbers  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 15  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Croquet On The Lawn (Weather Permitting)  
**11:00am** Rummage Box  
**11:45am** Morning Movement - Balls  
**2:30pm** Musical Entertainment by Elvis  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 16  
**10:00am** Craft - DR  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Whiteboard Games  
**11:45am** Morning Movement - How's Your Aim?  
**2:30pm** Flower Arranging  
**2:30pm** General Knowledge Quiz  
**4:00pm** Wind Down With Music

**10:00am** On This Day - L 17  
**10:30am** Daily News- Diny's Den  
**11:00am** Floor Games Along  
**11:00am** Travel Songs Sing  
**11:45am** Morning Movement - Upper Body Workout  
**2:30pm** Brain Training  
**2:30pm** Guess The Animal Visual Quiz  
**4:00pm** Wind Down With Music

**10:00am** Manicure Morning  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Higher Or Lower  
**11:45am** Morning Movement - Parachute  
**2:30pm** Getting To Know You... L  
**2:30pm** Lets Talk Sports With Max  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 19  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Morning Movement - Exercise to music  
**11:00am** Relax With Puzzles  
**11:30am** Morning Worship  
**2:30pm** Riddles  
**2:30pm** Short Stories Garden Rm  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 20  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Lets Go Fly A Kite - Weather Permitting  
**11:00am** Tuneful Tuesday Number ones  
**11:45am** Morning Movement - Skittles  
**2:30pm** Cards GR  
**2:30pm** Presentation Lounge  
**4:00pm** Wind Down With Music

**9:15am** Exercise - 21  
Lounge  
**10:00am** On This Day - L  
**11:00am** Reminiscence - Where did you grow up?  
**11:45am** Morning Movement - Balloons  
**2:30pm** Book Club with Volunteer Richard  
**4:00pm** Wind Down With Music

**9:15am** Exercise - 22  
Lounge  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Residents Meeting  
**2:30pm** Baking club  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 23  
**10:00am** Craft - DR  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Poetry Morning  
**11:45am** Morning Movement - How's Your Aim?  
**2:00pm** Gardening Club  
**2:30pm** General Knowledge Quiz  
**4:00pm** Wind Down With Music

**10:00am** On This Day - L 24  
**11:00am** Music Lyrics Quiz  
**11:45am** Morning Movement - Upper Body Workout  
**2:30pm** Bingo!  
**4:00pm** Wind Down With Music

**10:00am** Manicure Morn 25  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Match The Song To The Musical  
**11:00am** Table Tennis - Weather Permitting  
**11:45am** Morning Movement - Parachute  
**2:30pm** Darts  
**2:30pm** Film Club - Musical - Garden Room  
**2:30pm** Seaside Reminiscence  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 26  
**10:00am** On This Day - L  
**11:00am** Morning Movement - Exercise to music  
**11:30am** Morning Worship  
**2:30pm** Word Games- Breeds of dogs  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 27  
**10:00am** On This Day - L  
**11:00am** Morning Movement - Skittles  
**11:30am** World At War With Simon  
**2:30pm** It happened in August  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 28  
**10:00am** On This Day - L  
**11:00am** Armchair Travel Geography Quiz  
**11:45am** Morning Movement - Balloons  
**2:30pm** Book Club with Volunteer Richard  
**2:30pm** Fun With Numbers  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 29  
**10:00am** On This Day - L  
**11:00am** August Music Hits  
**11:45am** Morning Movement - Balls  
**2:30pm** Finish The Phrase  
**4:00pm** Wind Down With Music

**9:15am** Exercise - GR 30  
**10:00am** Craft - DR  
**10:00am** On This Day - L  
**10:30am** Daily News- Diny's Den  
**11:00am** Reminiscence - Home Towns  
**11:45am** Morning Movement - How's Your Aim?  
**2:30pm** Flowers Of Summer  
**2:30pm** General Knowledge Quiz  
**4:00pm** Wind Down With Music

**10:00am** On This Day - L 31  
**10:30am** Daily News- Diny's Den  
**11:00am** Floor Games  
**11:00am** History of the Proms  
**11:45am** Morning Movement - Upper Body Workout  
**2:30pm** Brain Training  
**2:30pm** Connect Four  
**4:00pm** Wind Down With Music

