

July 2024 Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>9:15am Exercise - GR 1</p> <p>10:00am On This Day - L</p> <p>11:00am Morning Movement - Exercise to music</p> <p>11:30am Morning Worship</p> <p>2:30pm Word Games Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 2</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Morning Movement - Skittles</p> <p>11:00am Tuneful Tuesday - Piano sounds in the Garden Room</p> <p>11:30am World At War With Simon</p> <p>2:30pm Cards GR</p> <p>2:30pm Presentation Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 3</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Armchair Travel - USA</p> <p>11:00am Reminiscence - Childhood Memories</p> <p>11:45am Morning Movement - Balloons</p> <p>2:30pm Book Club with Volunteer Richard</p> <p>2:30pm Fun With Numbers</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 4</p> <p>10:00am On This Day - L</p> <p>11:00am Quiz Morning - USA</p> <p>11:45am Morning Movement - Balls</p> <p>2:30pm Reminiscence - Shops of yesteryear</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 5</p> <p>10:00am Craft - DR</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Connect Four</p> <p>11:45am Morning Movement - How's Your Aim?</p> <p>2:30pm General Knowledge Quiz</p> <p>2:30pm Sensory- Scarves</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day - 6 L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Floor Games</p> <p>11:00am Rummage Boxes - GR</p> <p>11:00am The Beatles Musical Medley</p> <p>11:45am Morning Movement - Upper Body Workout</p> <p>2:30pm Brain Training</p> <p>2:30pm Croquet On The Lawn (Weather Permitting)</p> <p>4:00pm Wind Down With Music</p>	<p>9:00am World Chocolate 7 Day</p> <p>10:00am Manicure Morning</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Chocolate Taste Test</p> <p>11:45am Morning Movement - Parachute</p> <p>2:30pm Skittles</p> <p>2:30pm Tell the truth day-Facts about us</p> <p>4:00pm On This Day In History</p> <p>4:00pm Wind Down With Music</p>
<p>9:15am Exercise - GR 8</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Morning Movement - Exercise to music</p> <p>11:00am Puzzles</p> <p>11:30am Morning Worship</p> <p>2:30pm Short Stories Garden Rm</p> <p>2:30pm Word Games Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 9</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Songs From Your Childhood</p> <p>11:00am Tuneful Tuesday - Number ones</p> <p>11:45am Morning Movement - Skittles</p> <p>2:30pm Board Games</p> <p>2:30pm Presentation Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 10</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Armchair Travel - France</p> <p>11:00am Rummage Box</p> <p>11:45am Morning Movement - Balloons</p> <p>2:30pm Book Club with Volunteer Richard</p> <p>2:30pm Fun With Letters</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 11</p> <p>10:00am On This Day - L</p> <p>10:30am Baking Club - Diny's Den</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Name That Car</p> <p>11:45am Morning Movement - Balls</p> <p>2:30pm Nature Presentation Lounge</p> <p>2:30pm Scattergories With Deb - Lounge</p> <p>4:00pm Wind Down With Music</p>	<p>9:15am Exercise - GR 12</p> <p>10:00am Craft - DR</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:45am Morning Movement - How's Your Aim?</p> <p>2:00pm Gardening Club</p> <p>2:30pm General Knowledge Quiz</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am On This Day - 13 L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am Floor Games</p> <p>11:00am Ladies Final Wimbledon</p> <p>11:45am Morning Movement - Upper Body Workout</p> <p>2:30pm Bingo</p> <p>4:00pm Wind Down With Music</p>	<p>10:00am Manicure 14 Morning</p> <p>10:00am On This Day - L</p> <p>10:30am Daily News-Diny's Den</p> <p>11:00am On This Day In History</p> <p>11:00am Wimbledon Mens Final</p> <p>11:45am Morning Movement - Parachute</p> <p>2:30pm Balloon Tennis</p> <p>2:30pm Bastille Day-Pastries And History</p> <p>4:00pm Wind Down With Music</p>

9:15am Exercise - GR **15**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Colouring Activity
11:00am Morning Movement - Exercise to music
11:30am Morning Worship
2:30pm St Swithins Day-What Does It Mean?
2:30pm Word Games Lounge
4:00pm Wind Down With Music

9:15am Exercise - **16**
Lounge
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Morning Movement - Skittles
11:00am Tuneful Tuesday - Country Music in the Dining Room
11:30am World At War With Simon
2:30pm Whiteboard Games
4:00pm Wind Down With Music

9:15am Exercise - GR **17**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Armchair Travel - L
11:45am Morning Movement - Balloons
2:30pm Book Club with Volunteer Richard
2:30pm Fun With Numbers
4:00pm Wind Down With Music

9:15am Exercise - GR **18**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Lets Talk Sports
11:00am Word Games
11:45am Morning Movement - Balls
2:30pm Musical Entertainment from Hayley Renee
4:00pm Wind Down With Music

9:15am Exercise - GR **19**
10:00am Craft - DR
10:00am On This Day - L
11:00am Myths And Legends
11:45am Morning Movement - How's Your Aim?
2:30pm General Knowledge Quiz
2:30pm Reminiscing - Food And Drink
4:00pm Wind Down With Music

10:00am On This Day - **20**
L
10:30am Daily News-Diny's Den
11:00am Finish The Phrase
11:00am Floor Games
11:45am Morning Movement - Upper Body Workout
2:30pm Brain Training
2:30pm Lets Go Fly A Kite
4:00pm Wind Down With Music

10:00am Manicure **21**
Morning
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Biscuit Decorating
11:00am On This Day In History
11:45am Morning Movement - Parachute
2:30pm Ice Cream Flavour Tasting
2:30pm Outdoor games
4:00pm Wind Down With Music

9:15am Exercise - GR **22**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Morning Movement - Exercise to music
11:00am Puzzle Morning
11:30am Morning Worship
2:30pm Short Stories Garden Rm
2:30pm Word Games Lounge
4:00pm Wind Down With Music

9:15am Exercise - GR **23**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Morning Movement - Skittles
11:00am Rummage Box-Mens Day Out
11:00am Tuneful Tuesday
2:30pm Cards GR
2:30pm Presentation Lounge
4:00pm Wind Down With Music

9:15am Exercise - GR **24**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Armchair Travel - Cowboys of the Americas
11:00am Reminiscence-Summer Holidays
11:45am Morning Movement - Balloons
2:30pm Book Club with Volunteer Richard
2:30pm Fun With letters
4:00pm Wind Down With Music

9:15am Exercise - GR **25**
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Resident's Meeting
11:45am Morning Movement - Balls
2:30pm Baking Club
4:00pm Wind Down With Music

9:15am Exercise - GR **26**
10:00am Craft - DR
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am Tales Of Travel
11:45am Morning Movement - How's Your Aim?
2:00pm Gardening Club
2:30pm General Knowledge Quiz
4:00pm Wind Down With Music

10:00am On This Day - **27**
L
10:30am Daily News-Diny's Den
11:00am Floor Games
11:00am Olympic Opening Ceremony for those who missed it
11:45am Morning Movement - Upper Body Workout
2:30pm Bingo
2:30pm Olympics quiz and memories
4:00pm Wind Down With Music

10:00am Manicure **28**
Morning
10:00am On This Day - L
10:30am Daily News-Diny's Den
11:00am On This Day In History
11:45am Morning Movement - Parachute
2:30pm Cardboard Flower Bouquets
2:30pm The Price Is Right
4:00pm Wind Down With Music

9:15am Exercise - GR **29**
10:00am On This Day - L
10:30am Daily News- Diny's Den
11:00am Giant Jenga
11:00am Morning Movement - Exercise to music
11:30am Morning Worship
2:30pm Musical Entertainment With Danny Jukebox
4:00pm Wind Down With Music

9:15am Exercise - GR **30**
10:00am On This Day - L
10:30am Daily News- Diny's Den
11:00am Morning Movement - Skittles
11:30am World At War With Simon
2:30pm Cards GR
2:30pm Presentation Lounge - Famous Friends and double acts
4:00pm Wind Down With Music

9:15am Exercise - GR **31**
10:00am On This Day - L
10:30am Daily News- Diny's Den
11:00am Armchair Travel - L
11:00am Puzzle Morning
11:45am Morning Movement - Balloons
2:30pm Book Club with Volunteer Richard
2:30pm Fun With Numbers
4:00pm Wind Down With Music