

April 2024 Activity Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 10:00am: Dancercise with Deb - Lounge 11:00am: Mindfulness Garden Rm 11:30am: Morning Worship - Deb 2:30pm: Hangman with Deb - Lounge 2:30pm: Short Stories - Humour with Matt</p>	<p>2 10:00am: Upper Body Workout with Lou - Lounge 11:30am: Easter In Words And Music- Choir 2:30pm: Cards Garden Rm 2:30pm: Short Presentation with Matt</p>	<p>3 10:00am: Hand Exercises with Sarah - Lounge 11:00am: Armchair Travel with Matt 11:00am: Jigsaw/Scrabble Garden Room 2:30pm: Book Club with volunteer Richard 2:30pm: Fun With Numbers with Matt</p>	<p>4 10:00am: Lower Body Workout with Matt - Lounge 10:00am: Spring Craft Garden Rm with Lou & Sarah 11:00am: What are we looking at? with Matt 2:30pm: What's in the Bag? with Sarah</p>	<p>5 10:00am: Armchair Exercise with Matt - Lounge 11:00am: Higher Or Lower With Matt 2:30pm: General Knowledge Quiz with Matt</p>	<p>6 10:00am: Hoopla with Max 11:00am: Music Of The 60's With Deb 2:30pm: Bingo - Dining Room with Deb 2:30pm: Whiteboard Os and Xs With Max</p>
<p>8 10:00am: Drumfit with Deb - Lounge 11:00am: Mindfulness With Sarah & Jerry 11:30am: Morning Worship 2:30pm: Board Games With Deb - Lounge 2:30pm: Words in a Word with Sarah - Lounge</p>	<p>9 10:00am: Upper Body Workout with Lou - Lounge 11:00am: Spring Sensory with Deb - Garden Rm 11:30am: World At War With Simon 2:30pm: Cards Garden Rm 2:30pm: Shirley's Travels with Lou - Lounge</p>	<p>10 10:00am: Hand Exercises With Sarah - Lounge 11:00am: Armchair Travel 11:00am: Jigsaw/Scrabble Garden Room 2:30pm: Book Club with volunteer Richard 2:30pm: Fun With Numbers</p>	<p>11 10:00am: Lower Body Workout With Sarah - Lounge 11:00am: Handbells with Deb - Lounge 2:30pm: At Home Sensory with Sarah</p>	<p>12 10:00am: Armchair Exercise With Matt - Lounge 10:00am: Pick Me Up Jar Craft with Lou - Dining Rm 2:30pm: Butterflies with Lou - Lounge 2:30pm: General Knowledge Quiz</p>	<p>13 10:00am: Parachute Games with Max 2:30pm: Brain Training 4:00pm: Grand National - Lounge</p>
<p>15 10:00am: Dancercise with Lou - Lounge 11:00am: Mindfulness Garden Rm 11:30am: Morning Worship with Matt 2:30pm: Alphabet Game with Lou - Lounge 2:30pm: Short Stories- Brothers Grimm with Matt</p>	<p>16 10:00am: Upper Body Workout With Lou - Lounge 11:00am: Moon Sand with Deb - Garden Rm 11:00am: Tuneful Tuesday with Matt 2:30pm: Cards Garden Rm 2:30pm: Mystery Presentation with Matt</p>	<p>17 10:30am: Hand Exercises With Sarah - Lounge 11:00am: Armchair Travel with Matt 11:00am: Jigsaw/Scrabble Garden Room 2:30pm: Book Club with volunteer Richard 2:30pm: Fun With Numbers with Matt</p>	<p>18 10:00am: Kite Crafts Dining Rm 10:00am: Lower Body Workout With Matt - Lounge 11:00am: Memory Tray Sensory with Deb - Lounge 2:30pm: Elvis</p>	<p>19 10:00am: Armchair Exercise With Matt - Lounge 11:00am: Famous Faces with Sarah - Lounge 2:30pm: General Knowledge Quiz with Matt</p>	<p>20 10:00am: Darts with Max 11:00am: Music From The Movies With Deb 2:30pm: Bingo - Dining Room with Deb</p>
<p>22 10:00am: Drumfit with Deb - Lounge 11:00am: Mindfulness With Sarah & Jerry 11:30am: Morning Worship 2:30pm: Word Games Lounge</p>	<p>23 10:00am: Upper Body Workout With Lou - Lounge 11:00am: Squishy Stuff! - Garden Rm 11:30am: World At War With Simon 2:30pm: Cards Garden Rm 2:30pm: St Georges day history with Matt</p>	<p>24 10:30am: Hand Exercises With Sarah - Lounge 11:00am: Armchair Travel 11:00am: Jigsaw/Scrabble Garden Room 2:30pm: Book Club with volunteer Richard 2:30pm: Fun With Numbers with Sarah - Lounge</p>	<p>25 10:00am: Lower Body Workout With Sarah - Lounge 11:00am: Resident's Meeting 2:30pm: I Spy & Hear Sensory Afternoon with Deb - Garden Rm 2:30pm: Nature Presentation Lounge</p>	<p>26 10:00am: Armchair Exercise With Matt - Lounge 11:00am: Show And Tell Reminiscing With Matt - Lounge 2:30pm: General Knowledge Quiz with Sarah</p>	<p>27 10:00am: Sticky Ball with Max 2:30pm: Brain Training</p>
<p>29 10:00am: Dancercise with Deb - Lounge 11:00am: Mindfulness Garden Rm 11:30am: Morning Worship 2:30pm: Short Stories Garden Rm 2:30pm: Word Games Lounge</p>	<p>30 10:00am: Upper Body Workout With Lou - Lounge 11:00am: Bead Threading Sensory with Lou - Garden Rm 11:00am: Music with Matt - Lounge 2:30pm: Cards Garden Rm 2:30pm: English Landmarks with Matt - Lounge</p>				