

# January 2024 Lounge



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>1</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:30am:</b> Morning Worship <b>2:30pm:</b> Board Games With Deb <b>2:30pm:</b> Who Am I ? With Lou	<b>2</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Scrabble With Sarah <b>11:00am:</b> Tuneful Tuesday with Matt <b>2:30pm:</b> Cards With Debbie <b>2:30pm:</b> General Knowledge Quiz with Matt	<b>3</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Armchair Travel - Matt <b>11:00am:</b> Sensory With Sarah <b>2:30pm:</b> Book Club With Richard <b>2:30pm:</b> Reminiscence With Matt	<b>4</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Games With Lou <b>11:00am:</b> Guess How Old They Are Now With Deb <b>2:30pm:</b> Music With Deb <b>2:30pm:</b> Word Games With Sarah	<b>5</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>10:30am:</b> Craft Corner With Lou <b>11:00am:</b> Famous Faces With Matt <b>2:30pm:</b> History of British Monarchs With Matt	<b>6</b> <b>10:45am:</b> Coffee And Conversation <b>11:00am:</b> Music From The Movies With Matt <b>2:30pm:</b> Brain Training - Matt <b>2:30pm:</b> Floor Games With Max	<b>7</b> <b>10:30am:</b> Coffee And Conversation <b>2:30pm:</b> Film Club
<b>8</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Grimms Fairytales With Matt <b>11:30am:</b> Morning Worship With Deb <b>2:30pm:</b> Beanbags, Balls & Balloons With Deb <b>2:30pm:</b> Board Games With Matt	<b>9</b> <b>10:00am:</b> Exercise With Sarah <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Scrabble With Sarah <b>11:00am:</b> Tuneful Tuesday with Matt <b>2:30pm:</b> Cards With Debbie <b>2:30pm:</b> General Knowledge Quiz with Matt	<b>10</b> <b>10:00am:</b> Exercise With Sarah <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Armchair Travel - Matt <b>11:00am:</b> Sensory With Sarah <b>2:30pm:</b> Book Club With Richard <b>2:30pm:</b> Reminiscence With Sarah	<b>11</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Games With Lou <b>11:00am:</b> Math with Matt <b>2:30pm:</b> Music With Deb <b>2:30pm:</b> Word Games With Sarah	<b>12</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Craft Corner With Sarah <b>11:00am:</b> History of England with Matt <b>2:30pm:</b> Spelling Bee - Matt	<b>13</b> <b>10:45am:</b> Coffee And Conversation <b>2:30pm:</b> Beanbags, Balls & Balloons With Max <b>2:30pm:</b> Bingo - Deb	<b>14</b> <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Reminiscence With Sarah <b>2:30pm:</b> Film Club
<b>15</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:30am:</b> Morning Worship <b>2:30pm:</b> Board Games With Deb <b>2:30pm:</b> Who Am I ? With Lou	<b>16</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Scrabble With Sarah <b>11:00am:</b> Tuneful Tuesday with Matt <b>2:30pm:</b> Cards With Debbie <b>2:30pm:</b> General Knowledge Quiz with Matt	<b>17</b> <b>10:00am:</b> Exercise With Sarah <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Armchair Travel - Matt <b>11:00am:</b> Sensory With Sarah <b>2:30pm:</b> Book Club With Richard <b>2:30pm:</b> Reminiscence With Matt	<b>18</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Games With Lou <b>11:00am:</b> January In History With Sarah <b>2:30pm:</b> Music With Deb <b>2:30pm:</b> Word Games With Sarah	<b>19</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>10:30am:</b> Craft Corner With Lou <b>11:00am:</b> Mystery Presentation With Matt <b>2:30pm:</b> Kings And Queens With Matt	<b>20</b> <b>10:45am:</b> Coffee And Conversation <b>11:00am:</b> Let's Talk History With Matt <b>2:30pm:</b> Brain Training - Matt <b>2:30pm:</b> Floor Games With Max	<b>21</b> <b>10:30am:</b> Coffee And Conversation <b>2:30pm:</b> Film Club
<b>22</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Short Stories With Matt <b>11:30am:</b> Morning Worship With Deb <b>2:30pm:</b> Beanbags, Balls & Balloons With Matt <b>2:30pm:</b> Board Games With Deb	<b>23</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Scrabble With Sarah <b>11:00am:</b> Tuneful Tuesday with Matt <b>2:30pm:</b> Cards With Debbie <b>2:30pm:</b> General Knowledge Quiz with Matt	<b>24</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Armchair Travel - Matt <b>11:00am:</b> Sensory With Sarah <b>2:30pm:</b> Book Club With Richard <b>2:30pm:</b> Reminiscence With Sarah	<b>25</b> <b>9:00am:</b> Burns Night <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Residents Meeting <b>2:30pm:</b> Burns Night Presentation with Matt <b>2:30pm:</b> Music With Deb <b>5:00pm:</b> Burns Night Supper with Lou	<b>26</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>10:30am:</b> Craft Corner With Sarah <b>11:00am:</b> History Of England With Matt <b>2:30pm:</b> A Moment In Time With Matt	<b>27</b> <b>10:45am:</b> Coffee And Conversation <b>2:30pm:</b> Beanbags, Balls & Balloons With Max <b>2:30pm:</b> Bingo - Deb	<b>28</b> <b>10:30am:</b> Coffee And Conversation <b>2:30pm:</b> Film Club with Sarah
<b>29</b> <b>10:00am:</b> Exercise With Deb <b>10:30am:</b> Coffee And Conversation <b>11:30am:</b> Morning Worship <b>2:30pm:</b> Board Games With Deb <b>2:30pm:</b> Farming Of The Past And Present With The Southwest Heritage Trust	<b>30</b> <b>10:00am:</b> Exercise With Matt <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Scrabble With Sarah <b>11:00am:</b> Tuneful Tuesday with Matt <b>2:30pm:</b> Cards With Debbie <b>2:30pm:</b> General Knowledge Quiz with Matt	<b>31</b> <b>10:00am:</b> Exercise With Sarah <b>10:30am:</b> Coffee And Conversation <b>11:00am:</b> Armchair Travel - Matt <b>11:00am:</b> Sensory With Sarah <b>2:30pm:</b> Book Club With Richard <b>2:30pm:</b> Reminiscence With Matt				

