

September 2023

Sunflower - Lounge



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4

10:00am: Exercises
10:30am: Coffee And Conversation
11:00am: Sensory Fiddle Muffs
11:30am: Morning Worship
2:30pm: Ballet - Alice In Wonderland
2:30pm: Knit And Natter
3:00pm: Afternoon Tea
5:00pm: Supper

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10:00am: Exercises
10:30am: Coffee And Conversation
11:00am: Sensory Guess the Herbs
11:30am: Morning Worship With Rev Jane
2:30pm: Born In September Quiz
2:30pm: Knit And Natter
3:00pm: Afternoon Tea
5:00pm: Supper

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10:30am: Coffee And Conversation
11:00am: Johnny Cash - Documentary
3:00pm: Afternoon Tea
5:00pm: Supper

12

10:00am: Exercises
10:30am: Coffee And Conversation
11:00am: Classical Music
11:30am: Poetry with Kate
2:30pm: General Knowledge Quiz - Matt
2:30pm: Table Games - Deb
3:00pm: Afternoon Tea
5:00pm: Supper

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3:00pm: Afternoon Tea
5:00pm: Supper

13

9:30am: Nail Bar - Lauren
10:00am: Exercises - Matt
10:30am: Coffee And Conversation
11:00am: Armchair Travel - Matt
11:00am: What's In The Bag? - Sarah
2:30pm: Cover The Number
2:30pm: Spelling Bee - Matt
3:00pm: Afternoon Tea
5:00pm: Supper

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9:00am: All Activities Are Weather Dependent
10:00am: Exercises
10:30am: Coffee And Conversation
11:00am: Parachute Games - Deb
2:30pm: Words In Words
3:00pm: Afternoon Tea
5:00pm: Supper

14

10:00am: Exercises - Sarah
10:30am: Coffee And Conversation
11:00am: Red Or Black? - Sarah
2:30pm: Hilary
2:30pm: It Happened In September Quiz - Matt
2:30pm: Salisbury and Wells West Fronts - Jerry
3:00pm: Afternoon Tea
5:00pm: Supper

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10:00am: Exercises - Matt
11:00am: Colour Match Bean Bags - Lauren
11:00am: Quirkle - Matt
2:30pm: Armchair Travel
2:30pm: Gardening Club - Lauren
2:30pm: Knit And Natter

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9:00am: All Activities Are Weather Dependent
10:00am: Exercises
10:30am: Coffee And Conversation
11:00am: Arts & Crafts
11:00am: Short Stories
2:30pm: Knit And Natter
2:30pm: Skittles
3:00pm: Afternoon Tea
5:00pm: Supper

15

10:00am: Exercises - Matt
10:30am: Coffee And Conversation
11:00am: Pet Therapy Ponies - Lauren
11:00am: Scrabble - Matt
2:30pm: Armchair Travel
2:30pm: Gardening Club
2:30pm: Hilary
2:30pm: Knit And Natter
3:00pm: Afternoon Tea
5:00pm: Supper

18

10:00am: Exercises

10:30am: Coffee And Conversation

11:00am: Sensory Fruity Fun -
Lauren

11:30am: Morning Worship

2:30pm: Knit And Natter

2:30pm: Royal Opera House - Ballet

3:00pm: Afternoon Tea

5:00pm: Supper

19

10:00am: Exercises - Deb

10:30am: Coffee And Conversation

11:00am: Classical Reflection - Deb

11:00am: Musical Masterpieces -
Deb

2:30pm: General Knowledge Quiz -
Matt

2:30pm: Table Games - Deb

3:00pm: Afternoon Tea

5:00pm: Supper

20

9:30am: Nail Bar - Lauren

10:00am: Exercises - Matt

10:30am: Coffee And Conversation

11:00am: Armchair Travel - London
- Matt

11:00am: Noodles And Balloons -
Deb

2:30pm: Book Club

2:30pm: Have You Ever? - Sarah

3:00pm: Afternoon Tea

5:00pm: Supper

21

10:00am: Exercises - Sarah

10:30am: Coffee And Conversation

11:00am: Famous Faces - Sarah

11:00am: Reminiscing Technology -
Matt

2:30pm: Elvis

2:30pm: Hilary

3:00pm: Afternoon Tea

5:00pm: Supper

22

10:00am: Exercises - Matt

10:30am: Coffee And Conversation

11:00am: Arts & Crafts

11:00am: Balloon Games - Sarah

2:30pm: Armchair Travel

2:30pm: Hilary

2:30pm: History Of Prime Ministers
- Matt

2:30pm: Knit And Natter

3:00pm: Afternoon Tea

5:00pm: Supper

25

10:00am: Exercises

10:30am: Coffee And Conversation

11:00am: Sensory Animal Sounds -
Lauren

11:30am: Morning Worship With
Rev Jane - Deb

2:30pm: Knit And Natter

3:00pm: Afternoon Tea

3:00pm: Reminiscing Friendships
And School Days - Lou

5:00pm: Supper

26

10:00am: Exercises - Deb

10:30am: Coffee And Conversation

11:00am: Day Of Languages - Matt

11:00am: Music With Props - Deb

2:30pm: General Knowledge Quiz -
Matt

2:30pm: Table Games - Deb

3:00pm: Afternoon Tea

5:00pm: Supper

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9:30am: Nail Bar - Lauren

10:00am: Exercises - Lou

10:30am: Coffee And Conversation

11:00am: Armchair Travel - Matt

2:30pm: Book Club

2:30pm: Penny Toss - Sarah

3:00pm: Afternoon Tea

5:00pm: Supper

28

10:00am: Exercises

10:30am: Coffee And Conversation

11:00am: Resident's Meeting

2:30pm: Bean Bag Toss - Deb

2:30pm: Hilary

2:30pm: Planet Earth A Users
Manual - Jerry

2:30pm: The Carpenters' In Concert

3:00pm: Afternoon Tea

5:00pm: Supper

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10:00am: Exercises - Matt

10:30am: Coffee And Conversation

11:00am: Hoopla - Matt

11:00am: Pet Therapy Dogs -
Lauren

2:30pm: Armchair Travel

2:30pm: Gardening Club

2:30pm: Hilary

2:30pm: Knit And Natter

3:00pm: Afternoon Tea

5:00pm: Supper