

July 2023

Sunflower - Lounge



MONDAY

TUESDAY

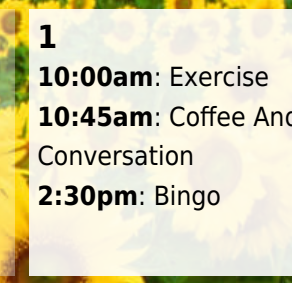
WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



**3**  
**10:00am:** Group Exercise  
**11:30am:** Morning Worship With Rev Jane  
**2:30pm:** Knit And Natter  
**2:30pm:** Whist Drive

**4**  
**10:00am:** Group Exercise  
**11:00am:** Tuneful Tuesday - #1 Hits in July  
**2:30pm:** It Happened in July Quiz  
**2:30pm:** Lucky Dog

**5**  
**10:00am:** Exercises  
**11:00am:** Armchair Travel to USA  
**2:30pm:** Book Club  
**2:30pm:** Words in a Word

**6**  
**10:00am:** Exercises  
**11:00am:** Reminiscing about the Kitchen  
**2:30pm:** Sensory - Balloons and Bubbles

**7**  
**10:00am:** Exercises  
**10:45am:** Resident's Meeting  
**12:15pm:** Short Stories  
**2:30pm:** Gardening Club  
**2:30pm:** Knit And Natter

**8**  
**10:00am:** Exercises  
**10:45am:** Coffee And Conversation  
**2:30pm:** Brain Training

**9**  
**10:00am:** Exercises  
**11:30am:** Rummage Box  
**2:30pm:** Film Club

**10**  
**10:00am:** Exercises  
**11:30am:** Morning Worship  
**2:30pm:** Knit And Natter  
**2:30pm:** Whist Drive

**11**  
**10:00am:** Exercises  
**11:00am:** Our Favourite Photographers.....share Your Favourite Photographer With Us Garden Room  
**11:00am:** Tuneful Tuesday  
**2:30pm:** Bingo  
**2:30pm:** Quiz

**12**  
**10:00am:** Exercises  
**11:00am:** Memory Lane - The Kitchen  
**11:00am:** Scrabble  
**2:30pm:** Book Club  
**3:00pm:** Pet Therapy - Tortoise

**13**  
**10:00am:** Exercises  
**11:00am:** Activity 2  
**11:00am:** What's in the Bag?  
**11:00am:** Word Games  
**2:30pm:** Elvis

**14**  
**10:00am:** Exercises  
**11:00am:** Floor Games  
**11:00am:** Poetry With Kate  
**2:30pm:** Knit And Natter  
**2:30pm:** Scrabble

**15**  
**10:00am:** Exercises  
**10:45am:** Coffee And Conversation  
**2:00pm:** Ladies Final Wimbledon  
**2:30pm:** Bingo

**16**  
**10:00am:** Exercises  
**11:30am:** Rummage Box  
**2:00pm:** Wimbledon Mens Final & Pimms  
**2:30pm:** Film Club

**17**

**10:00am:** Exercises  
**11:30am:** Morning  
Worship With Rev  
Jane  
**2:30pm:** Knit And  
Natter  
**2:30pm:** Whist Drive

**18**

**10:00am:** Exercises  
**11:00am:** Tuneful  
Tuesday  
**2:30pm:** Lucky Dog  
**2:30pm:** Quiz

**19**

**10:00am:** Exercises  
**11:00am:** Armchair  
Travel to Polynesia  
**2:30pm:** Book Club  
(Lounge)  
**2:30pm:** Whiteboard  
Games (Dining Room)

**20**

**10:00am:** Exercises  
**11:00am:**  
Reminiscing the  
colour Yellow  
**11:00am:** Word  
Games - Lounge  
**2:30pm:** Sensory -  
Ice Cream Tasting

**21**

**10:00am:** Exercises  
**11:00am:** July in  
History  
**11:00am:** Open  
Sesame  
**2:30pm:** Gardening  
Club  
**2:30pm:** Knit And  
Natter

**22**

**10:00am:** Exercises  
**10:45am:** Coffee And  
Conversation  
**2:30pm:** Brain  
Training

**23**

**10:00am:** Exercises  
**11:30am:** Rummage  
Box  
**2:30pm:** Film Club

**24**

**10:00am:** Exercises  
**11:30am:** Morning  
Worship  
**2:30pm:** Knit And  
Natter  
**2:30pm:** Whist Drive

**25**

**10:00am:** Exercises  
**11:00am:** Quirkle  
**11:00am:** Tuneful  
Tuesday  
**2:30pm:** Bingo  
**2:30pm:** Quiz

**26**

**10:00am:** Exercises  
**11:00am:** Memory  
Lane - The Ice Cream  
Van  
**11:00am:** Scrabble  
**2:30pm:** Book Club  
**3:00pm:** Pet Therapy  
- Peppa Pony

**27**

**10:00am:** Exercises  
**11:00am:** Word  
Games  
**2:30pm:** Memory  
Trays

**28**

**10:00am:** Exercises  
**11:00am:** Floor  
Games  
**2:30pm:** Knit And  
Natter

**29**

**10:00am:** Exercises  
**10:45am:** Coffee And  
Conversation  
**2:30pm:** Bingo

**30**

**10:00am:** Exercises  
**11:30am:** Rummage  
Box  
**2:30pm:** Film Club

**31**

**10:00am:** Exercises  
**11:30am:** Morning  
Worship With Rev  
Jane  
**2:30pm:** Knit And  
Natter  
**2:30pm:** Whist Drive