

NEWSLETTER

April 2023



Castle House Nursing Home Ltd.

We Care Enough To Make A Difference

SUNDAY, APRIL 9TH

Easter



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Editor's Desk

Hello Residents, Families and Friends!

What a lovely Mother's Day Celebration we had on Sunday the 19th March, with a performance by Elvis followed by High Tea. Thanks to everyone who made it happen and joined in with us. Its safe to say we all had a marvelous time.



Easter is just around the corner; we are decorating the home with our Easter decorations and crafts. Hopefully you will bring the grandchildren to our Easter Egg Hunt on Easter Monday.

Our residents have been enjoying planting vegetables and other seeds with gardening club and watching them grow, ready to plant out once the weather brightens up and spring is in the air.

Our monthly Relative's meetings have been a huge success with some wonderful feedback, either come along in person and enjoy coffee and a slice of homemade cake, or use the link we send out and join us from the comfort of your home. This month's date and guests to be confirmed shortly.

Keep Safe!

Lou and Kerry

April Trivia

It is thought that the name April comes from the Latin word "to open" and describes the trees opening at springtime.

Zodiac signs: **Aries & Taurus**
Birthstone: **Diamond**
Flower: **Daisy & Sweet Pea**

Quote of the Day

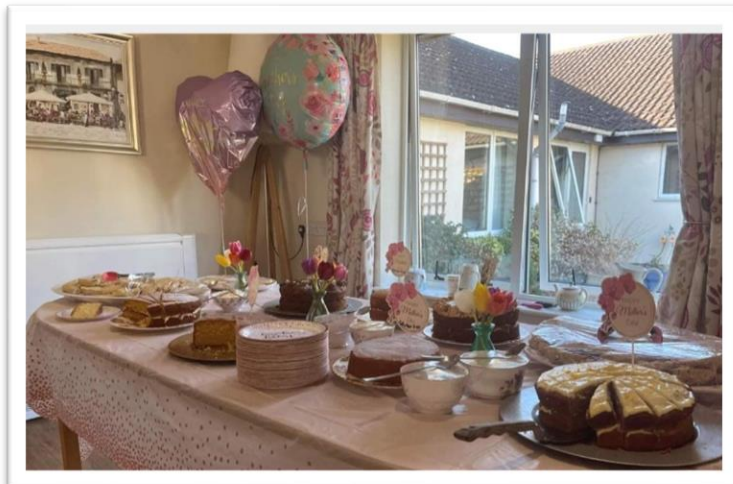
*In the end, it's not
the years in your life
that count. It's the
life in your years.*

– Abraham Lincoln

Month in Review

Thank you to everyone who joined us for our Mother's Day high tea in March

We hope you had a fabulous time and made some precious memories as did we. We managed to take some lovely pictures to enjoy with you all. See page 4 and 5 for more fab pictures.



Bulldog Puppies

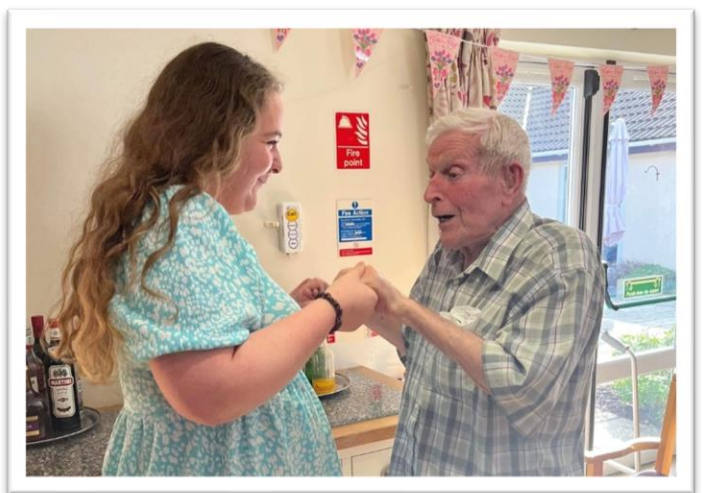
One of our residents enjoying our pet therapy sessions. She couldn't resist a snuggle with this chunky little Bulldog pup who belongs to Kelly one of our colleagues here at Castle House. If you have any cute animals of any kind you would like to share with us, then please do get in touch.

Elvis Fanclub

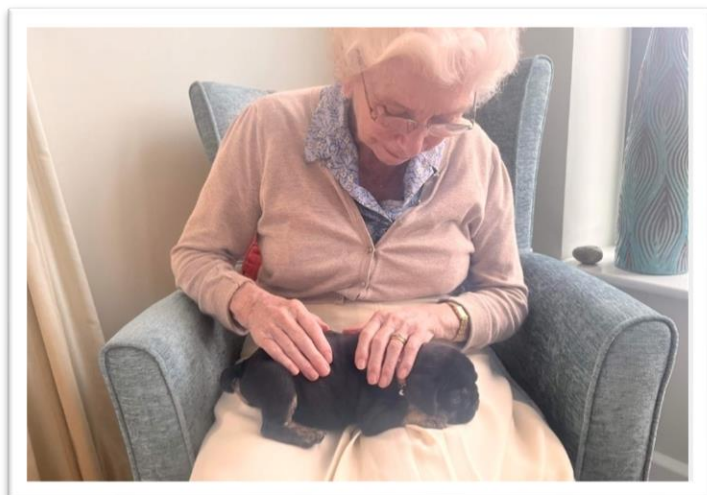
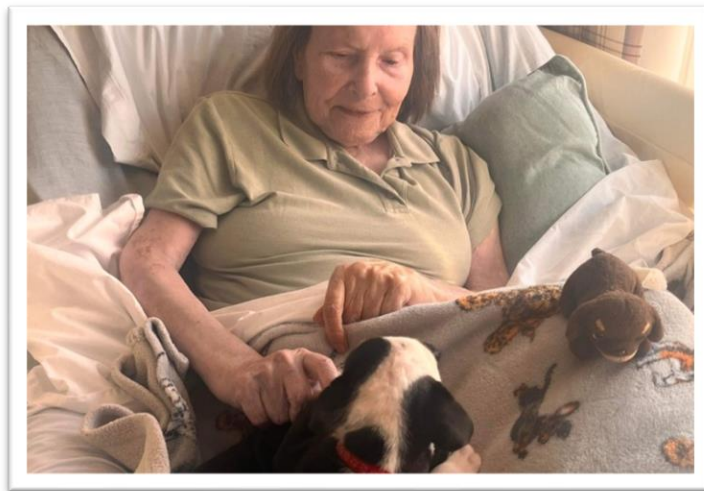
The official Elvis Presley Fanclub of Castle House. There's a 'little less conversation' whilst they wait for the king of rock and roll himself to breakout the 'jailhouse rock' and come and 'shake things up' in his 'blue suede shoes'.



Month in Review



Month in Review



Upcoming Events

Resident's Meeting

6th April

Easter Bunny Bingo

Saturday 8th April

Eyes Down at 2.30pm.

Donation's welcome to the Bingo Prize Box in reception. Relatives are welcome to come along, the cost of a BINGO card is a donation on this occasion.

Grand National

Starting Thursday 13th April - Saturday 15th April



Regular Events

Morning Worship Monday at 11.30am

Book Club Wednesday afternoon 2:30pm

Knit and Natter Monday and Friday 2:30pm

Bingo every 2nd Saturday in the Dining Room

Hairdresser every second Mon and Tues from 9am

Gardening Club Alternate Fridays at 2:30pm

Special Days

- | | |
|------------------|-------------------------|
| 1 st | April Fools' Day |
| 2 nd | Children's Book Day |
| 9 th | Easter Sunday |
| 11 th | Submarine Day |
| 12 th | Human Space Flight |
| 21 st | Creativity & Innovation |
| 22 nd | Mother Earth Day |
| 23 rd | Shakespeare's Birthday |
| 23 rd | St. George's Day |
| 23 rd | World Book Day |
| 25 th | ANZAC Day |
| 27 th | Intl. Guide Dog Day |

April Birthdays

In April, we celebrate birthdays with:

- **Ruby - 1st April**
- **Gordon - 3rd April**
- **Sue - 7th April**
- **Audrey - 22nd April**
- **Joyce M - 28th April**
- **Phyllis - 28th April**



Marlon Brando, Actor, 3rd April 1924

Eddie Murphy, Actor, 3rd April 1961

Russell Crowe, Actor, 7th April 1964

Jackie Chan, Martial Artist, 7th April 1954

Emma Thompson, Actress, 15th April 1959

Queen Elizabeth II, 21st April 1926

Jack Nicholson, Actor, 22nd April 1937

Barbra Streisand, Singer, 24th April 1942

Al Pacino, Actor, 25th April 1940

Michelle Pfeiffer, Actress, 29th April 1958

Aries (Mar 21 – Apr 20)

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

Taurus (Apr 21 – May 20)

Taurus are practical and well-grounded. They surround themselves with love & beauty.

WOW!

April 4, 1968: Martin Luther King is fatally shot

Civil Rights leader Rev. Dr. Martin Luther King was killed by a sniper in Memphis, Tennessee.

He had championed non-violent resistance to end racial oppression and had been awarded the Nobel Peace Prize in 1964. He is best remembered for his *I Have a Dream* speech delivered at the 1963 Civil Rights March on Washington.

Poem to Share

Song of Hope

by Thomas Hardy

O sweet To-morrow! –
After to-day
There will away
This sense of sorrow.
Then let us borrow
Hope, for a gleaming
Soon will be streaming,
Dimmed by no gray –
No gray!

While the winds wing us
Sighs from The Gone,
Nearer to dawn
Minute-beats bring us;
When there will sing us
Larks of a glory
Waiting our story
Further anon –
Anon ...

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Audrey**
- **GG**
- **Ann**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

- **Joy HCA**
- **Kirsty HCA Night Shift**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents, may you be comforted by the knowledge that your loved ones are at peace.

Beryl G	Eileen	Bren
Elma	Doreen	

CONTINUOUS IMPROVEMENT

Residents, families, and friends are reminded that there are a number of avenues available for you to express your views, suggestions, ideas or concerns.

We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.

LUNCH

We are now able to invite family members to join us for lunch once again.

Main Course
Dessert
Glass of wine
Coffee/Tea
£10pp

Could you please book in with Reception in advance to enable us to let our chefs know.

Noticeboard



TOILETRIES

Please remember to bring plenty of toiletries, 0% shower gel or soap, shampoo, deodorant etc. Please speak to your keyworker if you require help getting the toiletries.

THANK YOU

We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.

HAIRDRESSER

Mandy our lovely hairdresser attends every other Monday and Tuesday. If you would like an appointment please talk to reception or ask a staff member to write your name down in the hairdressers book.

LOST PROPERTY

A silver open ring (with smaller beads on maybe a fidget/anxiety ring) has been found in the car park. Please report any lost items to Reception and we will do our best to reunite them.

CULTURAL CELEBRATION

In the month of May we will be celebrating the Coronation of **King Charles III** and his wife Camilla as Queen Consort. Watch out for more details how Castle House will be celebrating with families and residents

FACE MASKS

It's been lovely getting to know the new faces of all the families and staff. Thank you for continuing to wear face masks if you have had any recent coughs or colds or illness.

Laughing Matters



The Hunters

Two hunters are out in the woods when one of them collapses.
He doesn't seem to be breathing and his eyes are glazed.
The other guy whips out his phone and calls the emergency services.
He gasps, "My friend is dead! What can I do?"
The operator says "Calm down. I can help. First, let's make sure he's dead."
There is a silence, then a gunshot is heard.
Back on the phone, the guy says "OK, now what?"

Late Payment

A customer sent an order to a distributor for a large amount of goods totaling a great deal of money.

The distributor noticed that the previous bill hadn't been paid. The collections manager left a voice-mail for them saying, "We can't ship your new order until you pay for the last one."

The next day the collections manager received a collect phone call, "Please cancel the order. We can't wait that long."

Short Jokes

Why did the tomato turn red?
Because it saw the salad dressing!

Two guys stole a calendar.
They got six months each.

Why did the old man fall in the well?
Because he couldn't see that well.

Did you hear about the restaurant called Karma?
There's no menu - you get what you deserve.

Spotlight



Lauren Pickersgill

Lauren is 19 years old and the youngest member of our Wellbeing Team.

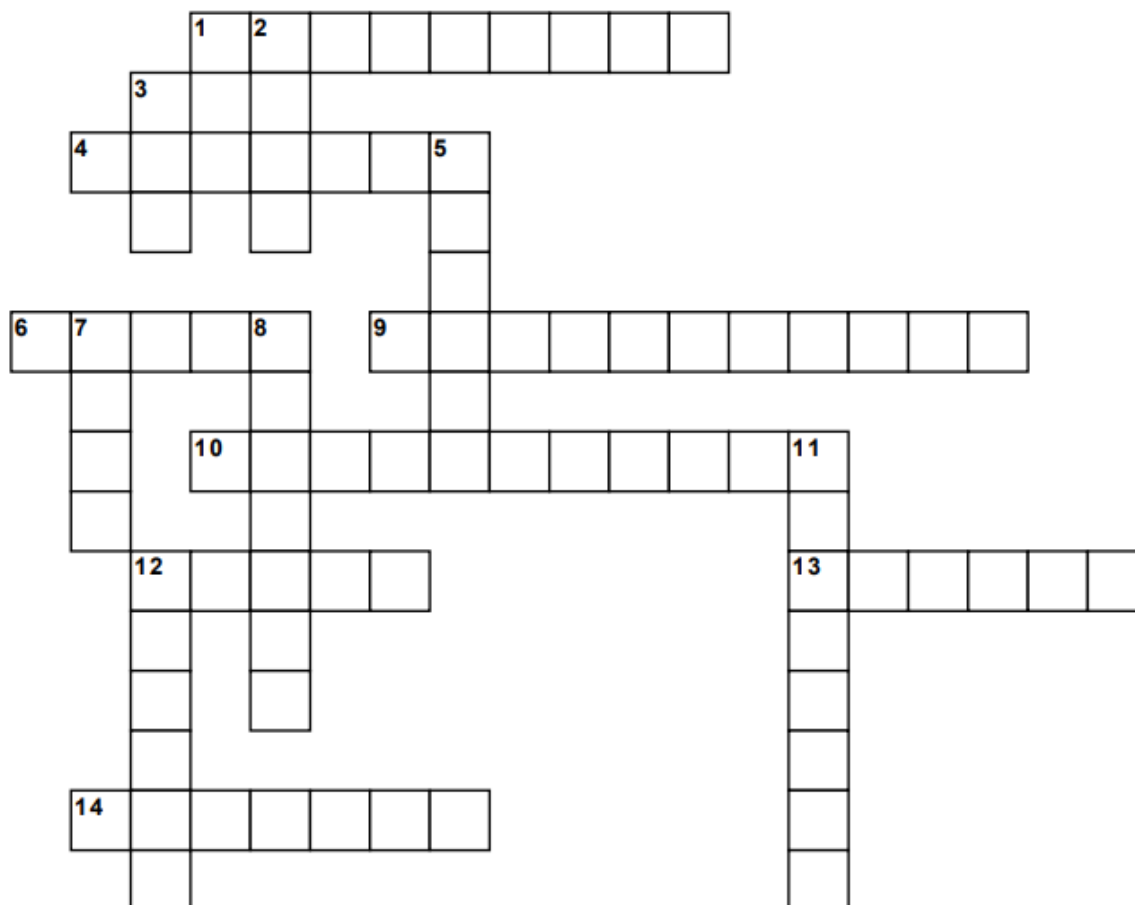
She has two cats, who are also her fur-babies, called Tommy and Polly (after Peaky Blinders characters). and a horse named Daisy-Doo.

Lauren loves spending time outdoors, spending time with her boyfriend doing lots of fun things. Their favourite place to go for a walk is Ebbor Gorge.

Lauren is very good at pampering and painting nails of the residents.

Lauren recently turned her hand to crochet and has just finished off making a crochet duck which was a present for her nephew.

Easter



Across

- 1 - Most popular Easter present (9)
- 4 - Traditional Easter hats usually tied with ribbons (7)
- 6 - In 'Alice in Wonderland' what colour is the rabbit with the pocket watch? (5)
- 9 - In the song 'Easter Parade' what street do they walk down? (11)
- 10 - Female star of the film 'Easter Parade'? (11)
- 12 - Another word for 'rabbit' (5)
- 13 - These hatch out of real eggs (5)
- 14 - What do eggs represent at Easter? (3,4)

Down

- 2 - The search for Easter Eggs: Easter Egg (4)
- 3 - A female rabbit (3)
- 5 - What season is Easter associated with? (6)
- 7 - An animal that looks like a rabbit with long ears (4)
- 8 - The date for Easter changes every year because of this (7)
- 11 - Make eggs look pretty (8)
- 12 - Something used to collect Easter eggs (6)