

NEWSLETTER

March 2023

Castle House Nursing Home Ltd. 
We Care Enough To Make A Difference

Hello Residents, Families and Friends and, hello March, how has February managed to whiz by so quickly.... We have noticed the days starting to get longer and we have been treated to a few sunny days recently which has been a real treat.

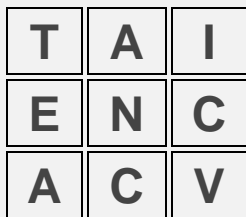
It has us excited for spring which is just around the corner, and we cannot wait to get outside to have a good look at the bulbs as they begin popping up. Next month will see the start of our Gardening Club which will be led by a professional horticulturist, Caroline, we are super grateful for her help.

A warm welcome to our newest residents and their families, we look forward to getting to know you as you settle into life with us.

Keep Safe! *Lou and Kerry x*

NINE LETTER WORD PUZZLE

Can you find the 9-letter word in this puzzle?



Word: _____

Don't let aging get you down.
It's too hard to get back up.

NOTICEBOARD

Toiletries

Please remember to bring plenty of toiletries, shower gel, shampoo, deodorant etc.

Google Review

We are looking to build our google reviews. We would love to hear your lovely reviews of the home 😊 Pop Castle House into the Google search engine and you can review there.

Facebook Page

Keep an eye on our Facebook page to see what we've been getting up to. If you don't already, please like and follow our page ❤️

GDPR

We will be updating our GDPR documents for social media appearances so, if you don't want to appear in any posts, please let us know.



Chris – 4th March

Special Days in March

- 1st World Day of Prayer
- 3rd World Wildlife Day
- 8th Intl. Women's Day
- 15th The Ides of March
- 17th St. Patrick's Day
- 17th Red Nose Day
- 19th 🌸 Mother's Day 🌸
- 20th Spring Begins
- 21st Intl. Day of Forests
- 21st World Poetry Day
- 22nd World Water Day

New Residents

A very warm welcome to:

Diana **Bill**
Bren **Jane**
Maureen **Shirley**

We hope that you enjoy your time here!

Age is an issue of mind over matter. If you don't mind, it doesn't matter.
– Mark Twain

Pet Therapy

We look forward to visits from our furry friends. We are on the lookout for other animals to come in and visit, do you have anything a bit unusual that might like to visit us? If so, please let Lou or Lauren know.

One of our residents has requested a visit from a chinchilla, please help us make this happen.

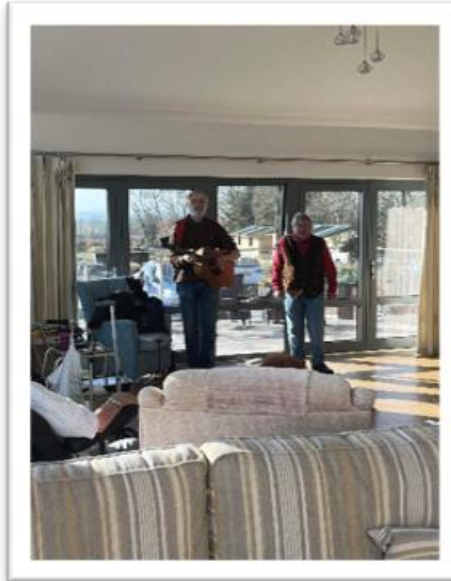
Thank you



Live Music

We love a bit of live music at Castle House.

Our monthly visits from Elvis are we received, an opportunity for a good boogie.



Reminiscing

We love our trips down Memory Lane, we take time talking about memories throughout our lives that make us laugh and sometimes cry.

