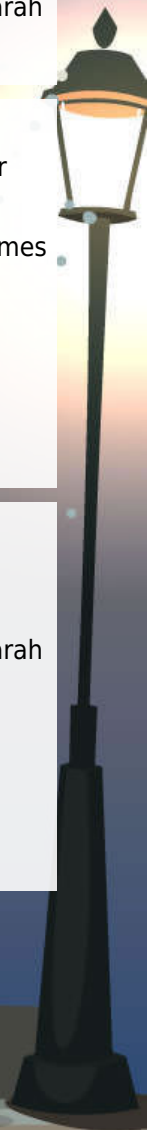
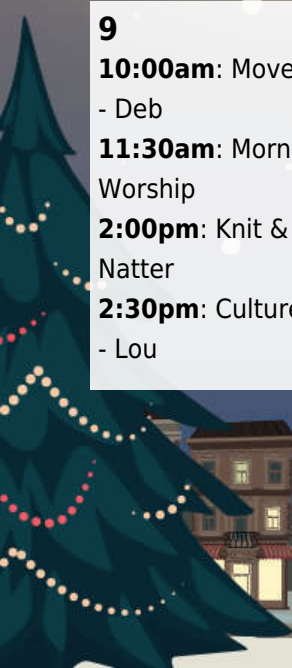


January 2023

Activity Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						1 10:00am: News - Sarah 2:30pm: Film - Sarah
2 10:00am: Movement - Deb 11:30am: Morning Worship With Rev Jane 2:00pm: Knit & Natter 2:30pm: Culture Club	3 10:00am: Tuneful Tuesday - Sarah 2:30pm: Memory Lane - Deb	4 10:00am: Armchair Travel - Matt 2:30pm: Book Club 2:30pm: Whiteboard Games - Lauren	5 10:00am: Word Games - Sarah 2:30pm: Sensory - Lou	6 10:00am: Floor Games - Matt 11:30am: Resident's Meeting 2:00pm: Knit And Natter	7 10:00am: Skittles - Matt 2:30pm: Brain Training 4:00pm: Weekend Quiz	8 10:00am: Pamper Morning - Lauren 2:30pm: Card Games - Lauren
9 10:00am: Movement - Deb 11:30am: Morning Worship 2:00pm: Knit & Natter 2:30pm: Culture Club - Lou	10 10:00am: Tuneful Tuesday - Matt 2:30pm: Bingo - Deb	11 10:00am: Memory Lane - Sarah 2:30pm: Book Club 2:30pm: Whiteboard Games - Lauren	12 10:00am: Winter Workout - Lou 2:00pm: Craft Class - Lauren	13 10:00am: Floor Games - Lauren 2:00pm: Knit And Natter	14 10:00am: Parachute Games 2:30pm: Bingo 4:00pm: Weekend Quiz	15 10:00am: News - Sarah 2:30pm: Film - Sarah



16
10:00am: Movement
- Deb
11:30am: Morning
Worship With Rev
Jane
2:00pm: Knit &
Natter
2:30pm: Culture Club
- Lou

17
10:00am: Tuneful
Tuesday - Sarah
2:30pm: Memory
Lane - Deb

18
10:00am: Armchair
Travel - Matt
2:30pm: Book Club
2:30pm: Whiteboard
Games - Lauren

19
10:00am: Word
Games - Sarah
2:30pm: Elvis

20
10:00am: Floor
Games - Matt
2:00pm: Knit And
Natter

21
10:00am: Hoopla
2:30pm: Brain
Training
4:00pm: Weekend
Quiz

22
10:00am: Pamper
Morning - Lauren
2:30pm: Card Games

23
10:00am: Movement
- Deb
11:30am: Morning
Worship
2:00pm: Knit &
Natter
2:30pm: Culture Club
- Lou

24
10:00am: Tuneful
Tuesday - Matt
2:30pm: Bingo - Deb

25
10:00am: Memory
Lane - Sarah
2:30pm: Book Club
2:30pm: Pet Therapy
- Lauren

26
10:00am: Winter
Workout - Matt
2:00pm: Craft Class -
Lou

27
10:00am: Floor
Games - Lauren
2:00pm: Knit And
Natter

28
10:00am: Charades
10:00am: Table
Tennis
2:30pm: Bingo
4:00pm: Weekend
Quiz

29
10:00am: News -
Sarah
2:30pm: Film - Sarah

30
10:00am: Movement
- Deb
11:30am: Morning
Worship With Rev
Jane
2:00pm: Knit &
Natter
2:30pm: Culture Club
- Lou

31
10:00am: Tuneful
Tuesday - Sarah
2:30pm: Memory
Lane - Deb

