

# October 2022

# Activity Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<b>1</b> <b>10:00am:</b> Skittles <b>2:30pm:</b> Gardening Club <b>4:00pm:</b> Weekend Quiz	<b>2</b> <b>10:30am:</b> Thought For The Day <b>2:30pm:</b> International Music Day <b>4:00pm:</b> Weekend Quiz
<b>3</b> <b>10:00am:</b> Movement <b>11:30am:</b> Morning Worship <b>2:00pm:</b> Knit & Natter <b>4:00pm:</b> Quiz	<b>4</b> <b>10:00am:</b> Animal Songs <b>2:00pm:</b> Bingo <b>2:30pm:</b> Culture Club <b>4:00pm:</b> Quiz	<b>5</b> <b>10:00am:</b> Memory Lane <b>2:30pm:</b> Book Club <b>2:30pm:</b> Scrabble <b>4:00pm:</b> Quiz	<b>6</b> <b>10:00am:</b> Floor Games <b>2:00pm:</b> Craft Class <b>4:00pm:</b> Quiz	<b>7</b> <b>9:00am:</b> World Smile Day <b>11:00am:</b> Coffee and Conversation <b>2:00pm:</b> Brain Training <b>4:00pm:</b> Quiz	<b>8</b> <b>10:00am:</b> Parachute Games <b>2:30pm:</b> Bingo <b>4:00pm:</b> Weekend Quiz	<b>9</b> <b>10:30am:</b> Puzzle Party <b>2:30pm:</b> Whiteboard Games <b>4:00pm:</b> Weekend Quiz
<b>10</b> <b>10:00am:</b> Movement <b>11:30am:</b> Morning Worship With Rev Jane <b>2:00pm:</b> Knit & Natter <b>4:00pm:</b> Quiz	<b>11</b> <b>10:00am:</b> Tuneful Tuesday <b>12:00pm:</b> Men's Den <b>2:00pm:</b> Bingo <b>2:30pm:</b> Culture Club <b>4:00pm:</b> Quiz	<b>12</b> <b>10:00am:</b> Armchair Travel <b>2:30pm:</b> Book Club <b>2:30pm:</b> Lucky Dog Card Game <b>4:00pm:</b> Quiz	<b>13</b> <b>10:00am:</b> Mindfulness <b>2:00pm:</b> Sensory <b>4:00pm:</b> Quiz	<b>14</b> <b>11:00am:</b> Coffee and Conversation <b>2:00pm:</b> Brain Training <b>4:00pm:</b> Quiz	<b>15</b> <b>10:00am:</b> Hoopla <b>2:30pm:</b> Gardening Club <b>4:00pm:</b> Weekend Quiz	<b>16</b> <b>10:30am:</b> Thought For The Day <b>2:30pm:</b> Who Am I ? <b>4:00pm:</b> Weekend Quiz
<b>17</b> <b>10:00am:</b> Movement <b>11:30am:</b> Morning Worship <b>2:00pm:</b> Knit & Natter <b>4:00pm:</b> Quiz	<b>18</b> <b>10:00am:</b> Tuneful Tuesday <b>2:00pm:</b> Bingo <b>2:30pm:</b> Culture Club <b>4:00pm:</b> Quiz	<b>19</b> <b>10:00am:</b> Memory Lane <b>2:00pm:</b> Scrapbooking <b>2:30pm:</b> Book Club <b>4:00pm:</b> Quiz	<b>20</b> <b>10:00am:</b> Floor Games <b>2:00pm:</b> Craft Class <b>4:00pm:</b> Quiz	<b>21</b> <b>11:00am:</b> Coffee and Conversation <b>2:00pm:</b> Brain Training <b>4:00pm:</b> October Birthday Tea	<b>22</b> <b>10:00am:</b> Table Tennis <b>2:30pm:</b> Bingo <b>4:00pm:</b> Weekend Quiz	<b>23</b> <b>10:30am:</b> Puzzle Party <b>2:30pm:</b> Whiteboard Games <b>4:00pm:</b> Weekend Quiz
<b>24</b> <b>10:00am:</b> Movement <b>11:30am:</b> Morning Worship With Rev Jane <b>2:00pm:</b> Knit & Natter <b>4:00pm:</b> Quiz	<b>25</b> <b>10:00am:</b> Tuneful Tuesday <b>12:00pm:</b> Men's Den <b>2:00pm:</b> Bingo <b>2:30pm:</b> Culture Club <b>4:00pm:</b> Quiz	<b>26</b> <b>10:00am:</b> Armchair Travel <b>2:30pm:</b> Book Club <b>2:30pm:</b> Pet Therapy <b>4:00pm:</b> Quiz	<b>27</b> <b>10:00am:</b> Mindfulness <b>2:00pm:</b> Sensory <b>4:00pm:</b> Quiz	<b>28</b> <b>11:00am:</b> Coffee and Conversation <b>2:00pm:</b> Brain Training <b>4:00pm:</b> Quiz	<b>29</b> <b>10:00am:</b> Charades <b>2:30pm:</b> Gardening Club <b>4:00pm:</b> Weekend Quiz	<b>30</b> <b>10:30am:</b> Thought For The Day <b>2:30pm:</b> All About Halloween <b>4:00pm:</b> Weekend Quiz
<b>31</b> <b>10:00am:</b> Movement <b>11:30am:</b> Morning Worship <b>2:00pm:</b> Knit & Natter <b>4:00pm:</b> Quiz						