

NEWSLETTER

June 2022



Castle House Nursing Home Ltd.

We Care Enough To Make A Difference



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Editor's Desk

Hello Residents, Families and Friends!

Plans for the Garden Party to celebrate the Platinum Jubilee are well under way, from decorations to cakes, it looks set to be a fabulous afternoon and we are all extremely excited.

Our craft activities are focusing on decorations for the jubilee, lots of red, white, and blue in varying forms.

We do hope that you are able to join us at 3pm on Sunday, 5th June, as we make some special memories together!

Keep Safe!

Lou



June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**

Birthstone: **Moonstone or Pearl**

Flower: **Rose or Honeysuckle**

Quote of the Day

*Try to be a
rainbow in
someone else's
cloud.*

– Maya Angelou

Month in Review

Theme Days

We do enjoy a good theme day, this month we looked at Cinco de Mayo, and transported ourselves to Brazil. We had passports and boarding passes for our first-class flight. Plenty of pesos to spend and sombreros to keep us cool, pass the cactus was fun, thankfully no one got a prick.

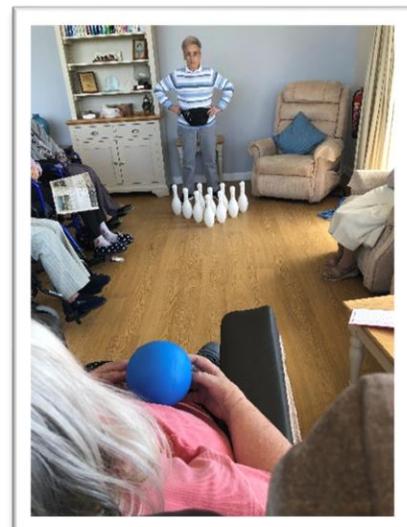


Walks

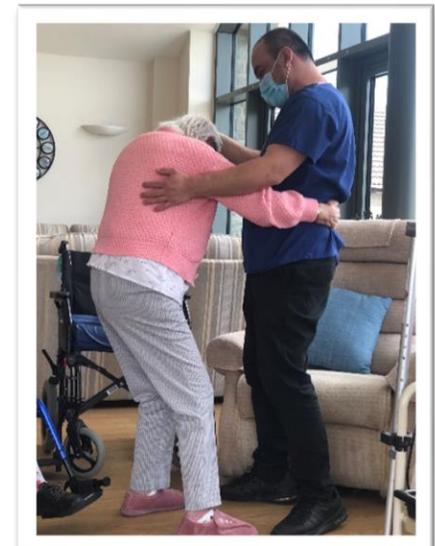
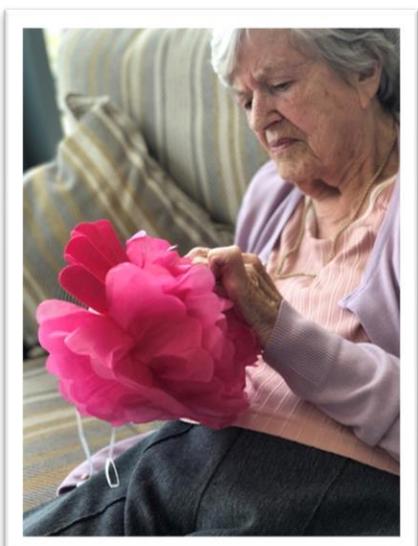
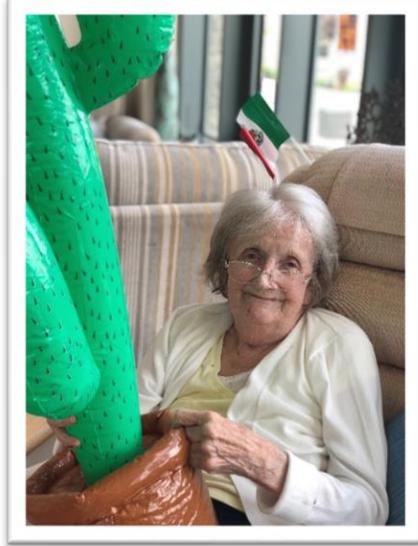
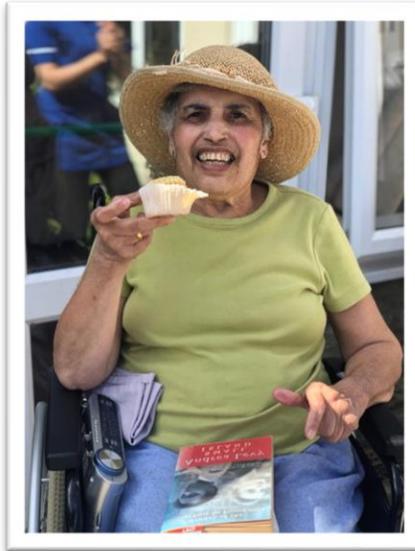
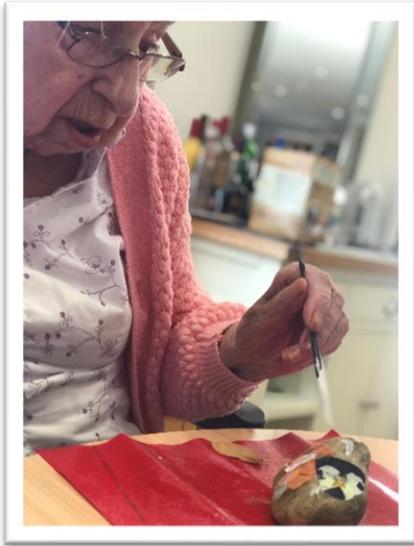
Although we seem to be dodging showers right now, we are managing to make the most of the sunshine with walks around the gardens or down the lanes. We particularly enjoy a walk as a group, with lots of laughter along the way.

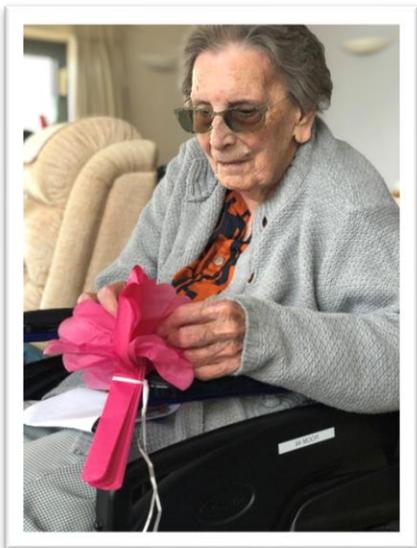
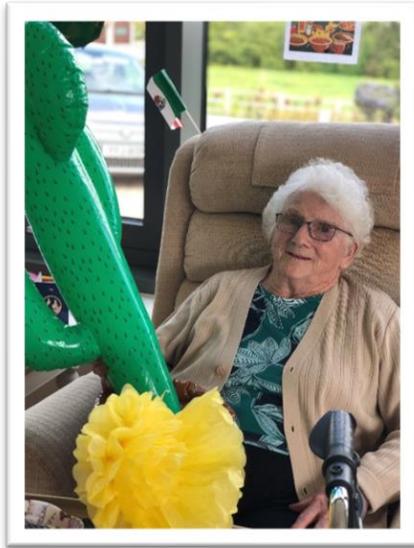
Movement

Movement is an important part of our day, whether it's hand therapy, armchair yoga or a game of skittles, we try to move our bodies a little every day, whether that's a game of skittles or arm chair exercises using Youtube.



Month in Review





Upcoming Events

Trooping the Colour

Thursday 2 of June 10:00am, Lounge

A Service of Thanksgiving

Friday 3 of June 11am, Lounge

Castle House Jubilee Tea

Sunday 5 of June 3pm, Lounge

Birthday High Tea

Friday 24 of June 4.00pm, Dining Room



Regular Events

Knit and Natter every Monday 2.30pm, Dining Room

Morning Worship every Monday 11am, Lounge

Hairdresser every other Monday/Tuesday

Ladies Coffee morning every Friday 10.30am, Lounge

Men's Group every Friday at 11am, Garden Room

Special Days

- 2nd Italian National Day
- 5th World Environment Day
- 6th D-Day
- 8th World Oceans Day
- 14th Queen's Birthday
- 19th Emancipation Day (US)
- 22nd Father's Day (US, Canada, UK)
- 21st World Music Day

June 2022 Activity Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>6 10:00am: Movement - Deb 11:30am: Morning Worship With Rev Jane 12:30pm: On This Day 2:00pm: Knit & Natter 4:00pm: Quiz</p>	<p>7 10:00am: Tuneful Tuesday - Lou 12:30pm: On This Day 2:00pm: Bingo 4:00pm: Quiz</p>	<p>1 10:00am: Memory Lane 12:30pm: On This Day 2:00pm: Art Therapy - Susan 2:30pm: Book Club 4:00pm: Quiz</p>	<p>2 10:00am: Floor Games 12:30pm: On This Day 2:00pm: Craft Class 4:00pm: Quiz</p>	<p>3 10:00am: Coffee Morning - Matt 12:30pm: On This Day 2:00pm: The Queens Closet 4:00pm: Quiz</p>	<p>4 10:00am: Skittles 2:30pm: Bingo - Deb 4:00pm: Weekend Quiz</p>	<p>5 10:00am: Poetry And Quotes - Susan 2:00pm: Principles Of Art - Susan 4:00pm: Weekend Quiz</p>
<p>13 10:00am: Movement - Deb 11:30am: Morning Worship - Deb 12:30pm: On This Day 2:00pm: Knit & Natter 4:00pm: Quiz</p>	<p>14 10:00am: Tuneful Tuesday - Lou 12:30pm: On This Day 2:00pm: Bingo 4:00pm: Quiz</p>	<p>15 10:00am: Memory Lane 12:30pm: On This Day 2:30pm: Book Club 4:00pm: Quiz</p>	<p>16 10:00am: Floor Games 12:30pm: On This Day 2:00pm: Craft Class 4:00pm: Quiz</p>	<p>17 10:00am: Coffee Morning - Matt 12:30pm: On This Day 2:00pm: Brain Training 4:00pm: Quiz</p>	<p>18 10:00am: Hoopla 2:30pm: Bingo - Deb 4:00pm: Weekend Quiz</p>	<p>19 10:00am: Poetry And Quotes - Susan 2:00pm: Principles Of Art - Susan 2:30pm: Fathers Day Film 4:00pm: Weekend Quiz</p>
<p>20 10:00am: Movement - Deb 11:30am: Morning Worship With Rev Jane 12:30pm: On This Day 2:00pm: Knit & Natter 4:00pm: Quiz</p>	<p>21 9:00am: World Music Day 10:00am: Tuneful Tuesday - Lou 12:30pm: On This Day 2:00pm: Bingo 4:00pm: Quiz</p>	<p>22 10:00am: Armchair Travel 12:30pm: On This Day 2:30pm: Book Club 4:00pm: Quiz</p>	<p>23 10:00am: Mindfulness 12:30pm: On This Day 2:00pm: Sensory 4:00pm: Quiz</p>	<p>24 10:00am: Coffee Morning - Matt 12:30pm: On This Day 2:00pm: Take Your Dog to Work Day 4:00pm: Quiz</p>	<p>25 10:00am: Charades - Matt 10:00am: Table Tennis 2:30pm: Gardening Club - Matt 4:00pm: Weekend Quiz</p>	<p>26 10:00am: Poetry And Quotes - Susan 2:30pm: Crafting - Susan 4:00pm: Weekend Quiz</p>
<p>27 10:00am: Movement - Deb 11:30am: Morning Worship - Deb 12:30pm: On This Day 2:00pm: Knit & Natter 4:00pm: Quiz</p>	<p>28 10:00am: Tuneful Tuesday - Lou 12:30pm: On This Day 2:00pm: Bingo 4:00pm: Quiz</p>	<p>29 10:00am: Memory Lane 12:30pm: On This Day 2:30pm: Book Club 4:00pm: Quiz</p>	<p>30 10:00am: Floor Games 12:30pm: On This Day 2:00pm: Craft Class 4:00pm: Quiz</p>			

June Birthdays

In June, we celebrate birthdays with:

- **Margaret Brett**
- **Peggy Hendy**
- **Joan Ward**
- **Joanne Swales**

Please join us in the Dining room on the last Friday in June to celebrate!



Marilyn Monroe, Actress, 1st June 1926
Morgan Freeman, Actor, 1st June 1937
Johnny Depp, Actor, 9th June 1963
Judy Garland, Actress, 10th June 1922
Prince Philip, Duke of Edinburgh, 10th June 1921
Donald Trump, Former President, 14th June 1946
Boris Johnson, Prime Minister, 19th June 1964
Nicole Kidman, Actress, 20th June 1967
Elon Musk, Entrepreneur, 28th June 1971
Mike Tyson, Boxer, 30th June 1966

Gemini (May 21 – Jun 20)

Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)

Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

WOW!

Summer Solstice at Stonehenge

The Summer Solstice, the longest day of the year, is celebrated in June in the UK. At Stonehenge, crowds gather to watch the sunrise at one of England's most mysterious monuments. How did ancient people move 40-ton stones over many miles before the development of wheels? How did they erect them upright in well-engineered stone circles? Are human remains buried there or in the barrows that pepper the surrounding landscape? Are there magic energy lines under the earth?

Poem to Share

My Symphony

William Henry Channing

To live content with small means;
to seek elegance rather than luxury,
and refinement rather than fashion,
to be worthy, not respectable,
and wealthy, not rich;
to study hard, think quietly,
talk gently, act frankly,
to listen to stars and birds,
to babes and sages,
with open heart,
to bear all cheerfully,
to all bravely await occasions,
hurry never.
In a word, to let the spiritual unbidden
and unconscious grow up through the common.
This is to be my symphony.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Joan Ward**
- **Nigel Pickersgill**
- **Gordon Carbin**
- **Brian Williams**
- **Bill Cooper**
- **Eileen Mason**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

- **Annette**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Daphne Rowell Jackson**

JUBILEE WEEKEND

We have a full program of events for the Platinum Jubilee weekend.

- TV coverage
- Reminiscing
- Bingo
- Horse Racing
- Music
- Tea Party

If you would like a copy, please speak to a member of the Wellbeing Team.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime.

Thank you!

Noticeboard



JUBILEE TEA PARTY

Join us for our Jubilee Tea Party on 5th June at 3pm. We will have the best china out and lots and lots of cake.

Let's hope that the weather is kind to us!

BINGO

Whilst playing Bingo a few of the resident's said how nice it would be to have a proper Bingo roller. Is this something that you might have in the attic or know a man who knows a man?

Please let us know

TOILETRIES

Please send the following in monthly if your family member uses;

- Shampoo and conditioner
- Shower Gel 0% soap
- Toothpaste
- Body spray/deodorant
- Mouthwash

RAFFLE PRIZES

Would you like to donate a raffle prize for our Jubilee Raffle?

Or buy a strip of tickets £1.00 a strip.

SUMMER CLOTHING

When you bring in summer clothing, please ensure that a member of staff takes it to the laundry for tagging BEFORE it goes into wardrobes or drawers.

Thank You

GARDENING CLUB

If you have any spare seeds or seedlings that we could use for gardening club we would be very grateful, especially tomato plants

Laughing Matters



The Engagement

A young woman brings her fiancé to dinner with her parents. After dinner, her mother tells her father to find out about the young man. The father invites the young man to his study for a drink.

“So what are your plans?” the father asks the young man. “I am a religious scholar,” he replies.

“A religious scholar. Hmm,” the father says. “Admirable, but what will you do to provide a nice house for my daughter to live in as she’s accustomed to?”

“I will study,” the young man replies. “And God will provide for us.”

“And how will you buy her a beautiful engagement ring such as she deserves?” asks the father.

“I will concentrate on my studies,” the young man replies. “And God will provide for us.”

“And children?” asks the father. “How will you support children?”

“Don’t worry, sir, God will provide,” replies the fiancée.

The conversation proceeds like this, and each time the father questions, the young idealist insists that God will provide.

Later, the mother asks: “How did it go, honey?”

The father answers: “He has no job and no plans, but the good news is he thinks I’m God.”

One-Liners

My teacher accused me of plagiarism. His words, not mine.

I find apologizing for not having cleaned is easier than cleaning.

Keep your eyes wide open before marriage and half shut afterwards.

Spotlight



The Marshall-Hudsons

Jo grew up a stone's throw away from Castle House, working as a Health Care Assistant, whilst at college. Jo made it her life goal to one day own Castle House, and the rest they say is history.

Jo and her family, Tom, Emily and Lilly live on site and are extremely present in the home. Jo's mum, Diny, and one of the Home's directors, lives next door.

Jo and Lilly are mad about horses and spend their weekends together doing all things horsey.

Tom is responsible for our beautiful gardens, he works long hours ensuring we always have a marvelous display, no matter what time of year it is.

Emily is following in her mother's footsteps, starting out as a carer at Castle House, she is about to graduate as a nurse.....we are all extremely proud of her!

Word Search



MARINE WORD SEARCH

R R C Z S C A V E N G E R S D S J
H A F D H A D F D T O R T O I S E
C Q S O S S I F I C A T I O N T W
O K K Z E Y I L M Q E W C A C I O
R Z G S A S O F N M I S E X A N M
A O A V W T Y W Y F U C D D P G I
L O P U E J T R R L A C I P O R T
Y Y E C E N S E L T L A S F S A O
N N P I D A T O S J L E Y O R Y J
B R S F R A M U P D T K J S J B U
X K Y D W E R W V G N K E S N J G
X M I T T C N N O C E A N I C H B
M N L R S O T U Q X O S L L S Z C
E A P F L M S I N A G R O T Y R R
S S B D N W Q W J L L A M R E H T
J I B K I T O C T O P U S A N W C
S N I H C R U S L L I G X S R Q O

Mollusc

Octopus

Organism

Tropical

Ossification

Crustacean

Tortoise

Saltwater

Scavengers

Oceanic

Jellyfish

Stingray

Wetlands

Fossil

Thermal

Urchins

Sardine

Coral

Gills

Seaweed