



CASTLE HOUSE MONTHLY NEWSLETTER

OCTOBER 2021

**Hello to all our Residents,
Families and Friends!**

We endeavor to offer choice here at Castle House, whenever possible. This month we are changing the way we offer our scheduled activities.

You will see from our calendar that we have repeating themes throughout the month, we are in the process of putting together folders containing various activities for each theme.

Each day residents will choose activities we would like to do, rather than participating in a pre-arranged activity.

We hope that offering this choice will give the residents even more control and fulfilment in their day to day lives.

Best wishes,

Lou



*Joyce, Jackie, Liz, John,
Helen, June, Eula*

NOTICEBOARD

Plastic Bottles

We would be grateful for some plastic bottles for an upcoming craft. If you could bring them when you visit that would be wonderful.

Toiletries

Please remember to bring your loved one's toiletries, especially those they are particularly fond of.

Clothing

Please check with your keyworkers if you need any winter clothing buying, we will liaise with your families.

PCRs

Please consider coming in for a PCR test if you visit the home regularly. Please email Lou at residents@castlehousesunrsinghome.com to arrange a suitable time.

Activities

Monday

Memory Lane – Sharing stories and remembering our yesteryears

Tuesday

Music & Movement

Wednesday

Word Games

Thursday

Sensory Day – Sight, sound, touch, taste, and smell

Friday

Crafting



*Shorter than usual newsletter this month,
November will be full of fun and lots of news.*

