

CASTLE HOUSE MONTHLY NEWSLETTER

JUNE 2021



**Hello to all our Residents,
Families and Friends!**

Countdown to summer has started, and we can hardly wait, lots of outside activities coming up and coffee on the patio. Once again Tom has done us proud with the gardens, they are looking beautiful and full of promise.

We are looking forward to Wimbledon at the end of this month, one of our residents has suggested we decorate our Garden Room in a tennis theme so it's going to be a busy time making and decorating.

We celebrated Stan's 101st birthday this month, and he even got dressed for the occasion. Happy birthday Stan, you make us smile every day!

Best wishes, Lou

NOTICEBOARD

Visiting

If you don't have a regular visiting slot booked, please remember to allow at least 24hrs when booking a visit as our visiting slots get filled quickly as you can imagine.

Toiletries

Please can you ensure that you send in enough toiletries for your loved ones, favourite smells are important to some, please consider this when purchasing.

Activities

Monday

Memory Lane – Sharing stories and remembering our yesteryears

Tuesday

Music & Movement

Wednesday

Word Games
&
The Crown

Thursday

Sensory Day – Sight, sound, touch, taste, and smell

Friday

Crafting with Susan



Margaret, Stan (101), Peggy, Ellis,
Joanne

Time is precious, don't waste it.
Gene Wilder





National Tea Day

We celebrated National Tea Day by playing ping pong teacups. Not as easy as it looked for residents and staff alike, however, it provided plenty of giggles throughout the day.

We had a talk on the history of teapots and enjoyed reminiscing whilst looking at various designs throughout the decades, it seems most people had or at least knew of someone who owned a 'Brown Betty' teapot.

Are you a 'Miffy' or a 'Tiffy'? We didn't know the answer either, once we did the fun started. A Miffy is someone who pours their milk into their teacup BEFORE their tea and a Tiffy will pour their tea BEFORE the milk. I am a firm Miffy, how about you?

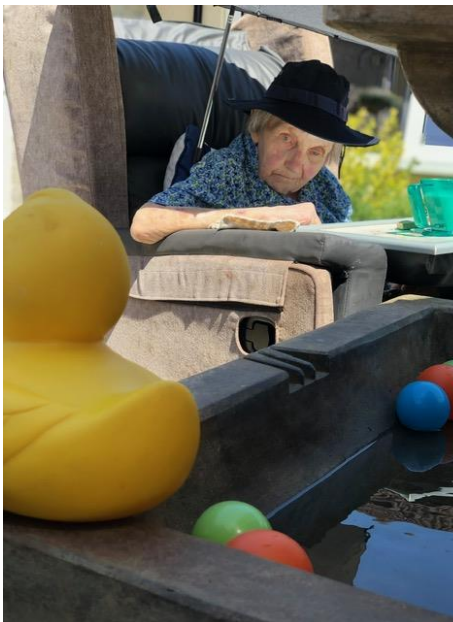
After settling the Miffy vs Tiffy debate we sat and enjoyed tea in china cups and some rather yummy cake.





SENSORY

We always enjoy our sensory sessions, there is no end to the number of sensory experiences we can all take part in. Thursdays are our planned sensory sessions, however, we try to steal moments throughout each day to experience a touch, a smell, listen to a sound or maybe taste something for the first time.





OUTDOORS

Well our veg trug got a tad out of hand, we received a bumper crop that even our kitchen couldn't handle. We've enjoyed nibbling on it on our walks around the gardens.

The sunshine has come accompanied by ice creams, to be enjoyed whilst making new friends.

It is so important to us to enjoy the outdoors, and we do.





ACTIVITIES

A fun packed month of activities with a few new games. 'Quirkle' is a new game that we are currently trying to get our heads around, we are making our own rules but who cares, so long as we are having fun.

Drumfit is also a new activity, next month we will do a whole page feature on this particular activity.





CRAFT

We really enjoyed making kitten toys for Joyce's Great-Grandfurbaby, Casper, he even came for a little visit to collect his toys.

Mandalas are a relaxing activity, we spent an afternoon adding colour to numerous mandalas.

We have also created mosaics and self portraits too.

