

NEWSLETTER

July/August 2026



Castle House Nursing Home, Castle Street, Keinton Mandeville



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Editor's Desk

Hello Residents, Families and Friends!

Welcome to our August newsletter!

Summer is in full swing, and we are making the most of the beautiful sunshine with our increasingly popular daily walking club. July was packed with wonderful moments, the

ice cream van paying us a visit for national ice cream day, a bunch of new friends arriving in the pond, a trip out to the pub for the gents. We have an even more exciting line-up of events, activities, and celebrations planned for August and September.

Warm regards,

Jo M, Matt and Kerry



August Trivia

August was named in honor of Augustus Caesar. It has 31 days because Augustus wanted as many days as Julius Caesar's month of July had!

Zodiac signs: **Leo & Virgo**
Birthstone: **Peridot**
Flower: **Gladiolus**

Quote of the Day

We do not inherit the Earth from our ancestors; we borrow it from our children.

- Indigenous Proverb

Month in Review



Thank you to the wonderful children at The Nest Pre-School for your thoughtful thank-you gift. It has been such a pleasure reading, singing, and sharing so many special moments with you throughout the year! Wishing you all the very best as you start Primary School in September. Good luck and have lots of fun!



It's into the wild for Stanley the goldfish!

Having outgrown his tank, which used to take pride of place in the lounge, Stanley is now enjoying his lovely new pond in the newly built courtyard. He's settling in well and making friends with his new pond mates Koi Carp!

Happy swimming, Stanley & Friends!





National Ice Cream Day is celebrated on the third Sunday in June! We joined in with style this year!

A wave of nostalgia swept when the residents and staff heard the familiar jingle from the ice cream van. There's nothing quite like enjoying traditional ice cream on a sunny day and reliving those treasured childhood memories!



"99 with a flake please"



Who doesn't enjoy a cheeky trip to the pub garden when the weather is like this?

A group of gents decided to head to the local pub The Quarry Inn to enjoy a drink.

With the sun shining and the beer garden calling, it seemed like the perfect way to spend a couple of hours with a cold pint in hand.

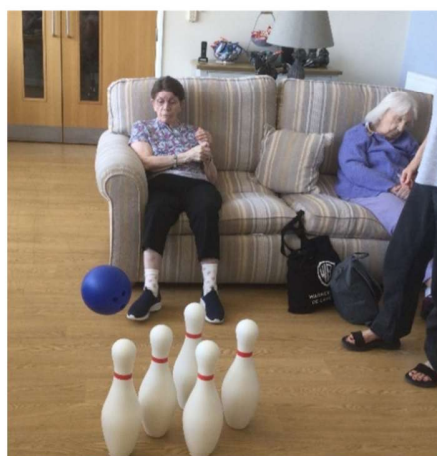
Cheers!!

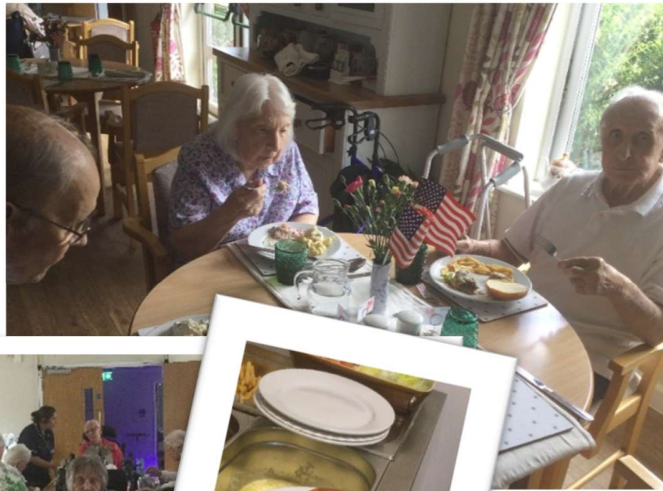


At Castle House, our lounge is so much more than just a room, it's the heart of our home.

Whether it's enjoying a chat with friends, joining in with one of our activities, or simply relaxing with a hot drink and a snack, there's always something to look forward to. Our comfortable lounge also features a drinks station, air conditioning, and, most recently, a beautiful new piano.

We'd love to hear it played, so if you're visiting and can play a tune, please don't be shy – our residents would be delighted to hear!





To celebrate **Independence Day** on 4th July, our Catering Team served up an American inspired feast, complete with hamburgers and fries, alongside the classic mac n' cheese and pulled pork sliders. It certainly brought a taste of the USA to Castle House!

Then, **Bastille Day** (14th July), we travelled to France. Residents enjoyed a selection of traditional French cuisine, although we decided to give the frog's legs and snails a miss this time!

These themed menu days are always a hit with the residents. A big thank you to our wonderful Catering Team, whose creativity, hard work!!



Bake Off this week: Cheese Scones! 🍪

I must say, Stewart, it really is lovely to see that Baking Club brings you such a smile. It's wonderful to see you enjoying getting your hands floury! Those cheese scones looked absolutely delicious!!

Ruths family have very kindly sent us in their beautiful family photo taken in their garden when the whole family got together for a party.

Ruth had a lovely time and seeing her lovely smile surrounded by her loved ones completely sums up what summer is all about.



🔔 Wedding Bells & Congratulations! 🥂

Congratulations to our wonderful Nurse Nicole and her new husband Ghani who were married at Hornsbury Mill on Saturday 25th July. Many Happy Returns to you both!



Congratulations to lovely Jeff in our Care Team and his beautiful wife Kristine who got married at home in the Philippines. Many Happy Returns to you both!



Wishing you all a lifetime full of happy, treasured times together! ❤️

Upcoming Events

Poetry with Volunteer Mark (Teacher and Poetry enthusiast)

Saturday 15th August 2:30pm in the Lounge

Harley Davidson Driveway Ride

Saturday 22nd August 11am on the Driveway

Holy Communion with Rev. Jane

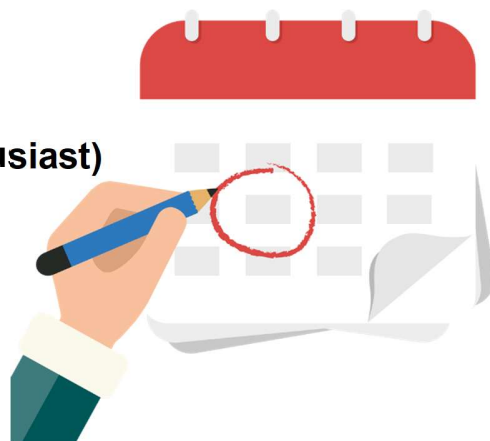
Monday 24th August 11:30am in the Lounge

Resident's Meeting

Friday 28th August 11am in the Lounge

Garden Party

Saturday the 5th September invites to follow shortly



Regular Events

Exercise Club every day 9:15am in the Lounge

Walking Club every day 10am, meet in Reception

Church Service every Monday 11:30am in the Lounge

Singing Circle with volunteer Paul every Tuesdys at 2;30pm in the Lounge

Baking Club every Thursday 2.30pm in the Dining Room

Book Club every Wednesday 2:30 in the Lounge

Men's Group every second Thursday at 2pm

Bingo! Every day at 10am

August Birthdays

In August, we celebrate birthdays with:

Audrey 3rd

Dorothy 16th (100th!!)

Phil 21st

We hope your day is filled with laughter, family, friends, and plenty of cake!

The kitchen team is already busy prepping the treats



Remember When?

A few things many of us grew up with that younger generations may never experience:

- Writing letters by hand and waiting days for a reply.
- Using a paper map to find your way on a trip
- Looking up phone numbers in a directory.
- Taking photos without knowing how they turned out until the film was developed.
- Gathering around the radio for news and entertainment.

Technology has changed dramatically over the years, but the memories - and the stories - remain priceless.

Leo (July 22 -August 21)

Lovable Leos are famously known for their exuberance, loyalty and self-confidence.

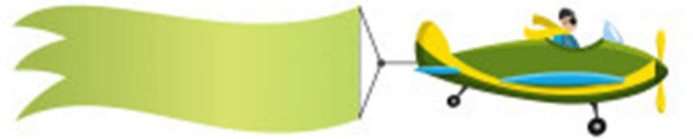
Virgo (Aug 22 – Sep 22)

Virgos are logical, practical, and systematic in their approach to life. They are perfectionists at heart.

August in History: I Have a Dream

On August 28, 1963, Martin Luther King Jr. delivered his historic "I Have a Dream" speech during the March on Washington in Washington, D.C. Speaking before a crowd of more than 250,000 people, he shared a powerful vision of equality, justice, and hope. The speech remains one of the most influential and memorable addresses in modern history.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

1. **Marion**
2. **Michael**
3. **Christine**
4. **Lorna**

We hope that you enjoy your time here!

CONTINUOUS IMPROVEMENT

Residents, families and friends are reminded that there are a number of avenues available for you to express your views, suggestions, recognition and complaints.

There are feedback forms available at reception. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we can keep doing the BEST we can.

NEW STAFF

A warm welcome also goes to the people who joined our team in the past month!

1. **Oscar (Activities)**
2. **Kelly (Care Team)**
3. **Tia (Care Team)**
4. **Sally (Care Team)**
5. **Kai (Care Team)**

We hope that you enjoy your time here!

NEW WEBSITE

Our lovely new website has been launched and is live! We would love for you to take a look and let us know what you think...

IN MEMORIAM

To the families and friends of our late resident **Joan P and Harry**. May you be comforted by the knowledge that your loved ones are at peace.

Noticeboard



NEWSLETTER CONTRIBUTION

We do love hearing what everybody has been up to. We would love to see your photos whether taken here in the home, out and about enjoying our lovely gardens and courtyards or out and about.

WARDROBE AND TOILETRIES

Just a polite reminder please take a moment to look through your loved one's wardrobe and swap for lighter summer clothes and also top up and replenish any toiletries.

If you bring in any new summer clothing, hats, or other items, please remember to hand them to Reception so that our Laundry Team can label them before we add them to their wardrobe

COME SEE THE HARLEYS

Please come and join us on **Saturday 22nd August at 11:00 am** when the local **Harley Motorcycle Club** will be descending our driveway in roaring style!

THANK YOU

We would like to issue a huge thanks to relatives and volunteers who support us day in and day out. You make such a difference and we so very much appreciate your time and energy. Keep an eye out for our new volunteer Pauline who will be heading up our new Reading Club since Richard retired!

HAIRDRESSER IS BACK

Mandy is back! After a lovely holiday and time away Mandy is back and feeling refreshed. Please let us know if you would like to book in with her or if you fancy a fresh new trim!

AUGUST WORD SCRAMBLE

See if you can unscramble this word below:

M M M R E U S T I E

We will reveal the answer in next month's edition!

P.S. The answer to Julys Brainteaser is 'The Sun'