

NEWSLETTER

Aug/Sept 2026



Castle House Nursing Home, Castle Street, Keinton Mandeville



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Editor's Desk

Hello Residents, Families and Friends!

Welcome to September! As we welcome the first signs of autumn, September brings us lots of opportunities to enjoy music, friendship, good company here at Castle House.

August seems to have flown by. We were delighted to welcome our new piano! We're looking forward to enjoying plenty of music and making lots of memories around it in the months to come.

One of the highlights of the month was certainly our exciting Harley-Davidson drive-by! It was fantastic to see the bikes, hear the engines and enjoy such a memorable experience.

A huge thank you to everyone who helped make August such a wonderful month. We're looking forward to everything September has in store!

Warm wishes,

Jo, Kerry and Matt



September Trivia

More people are born in September than any other month! Which means that September babies were conceived in the December holiday period... 😊

Zodiac signs: **Virgo & Libra**
Birthstone: **Sapphire**
Flower: **Morning Glory**

Quote of the Day

*Gratitude
turns what we
have into
enough.*

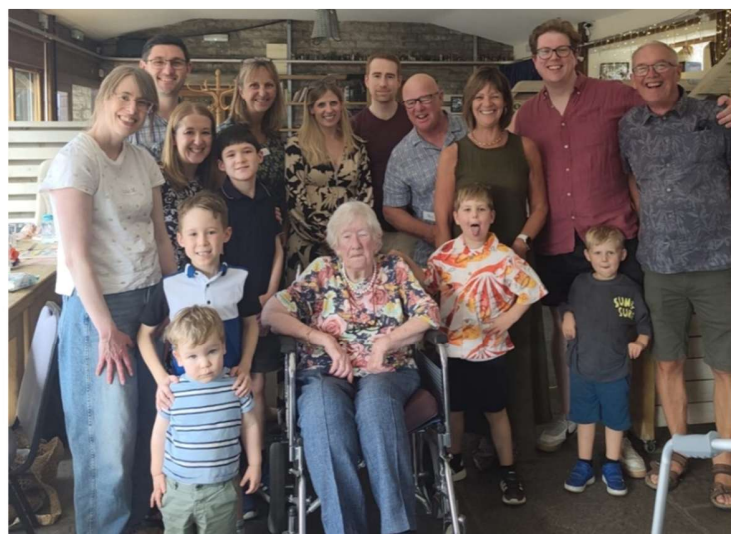
Month in Review



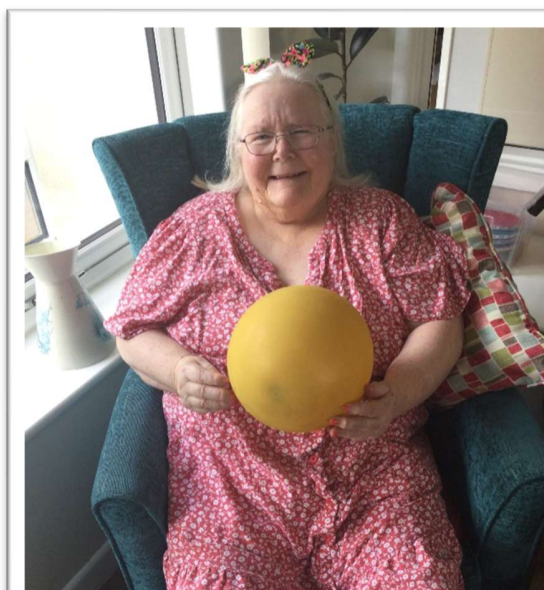
One of our lovely residents celebrated a very special milestone in August ... their **100th birthday!**

They marked the occasion with a wonderful family meal at **The Crosskeys Inn**, just down the road.

Many congratulations on reaching this incredible milestone, and happy returns!



This month, we've enjoyed keeping hands busy and minds active with fun games using **balloons and beanbags**. These simple activities encourage **movement, coordination and social interaction**, while bringing everyone together for some enjoyable moments.



The local **Harley Davidson Club** rumbled up the driveway to say hello and gave us the chance to admire their amazing two- and three-wheeled mean machines!

A massive thank you to everyone who came along and joined in the fun. We had such a wonderful time meeting them, making new friends and **getting up close to these fantastic bikes**.

The two Jo's couldn't resist climbing on for a photo and they certainly **suit the biker-chick look!**

A huge **thank you to the Harley Club** for taking the time to visit us — we hope to see you again!!

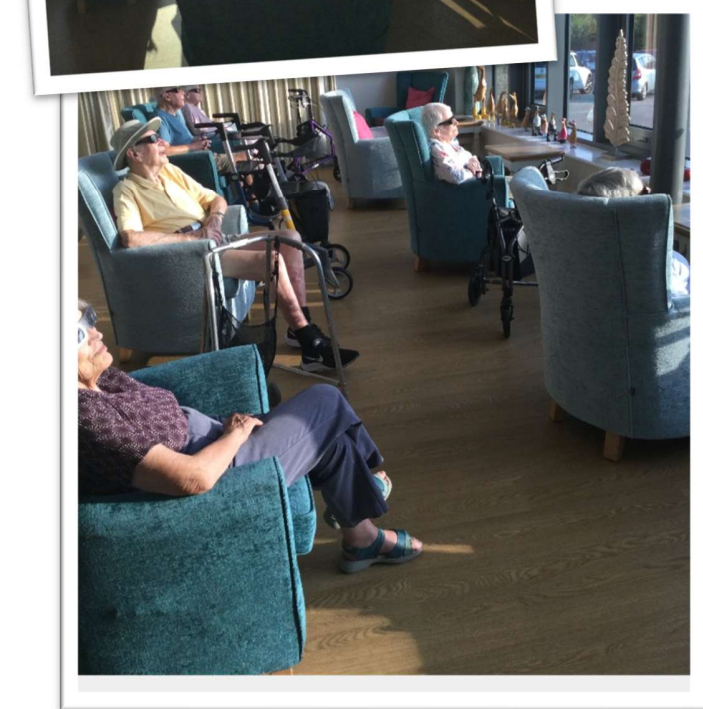




We gathered together in the lounge, settling comfortably in front of the **large glass windows** to watch the eclipse unfold.

The changing light creating a mystic atmosphere, everyone enjoyed taking a moment to look (through their appropriate safety specs may we add) to appreciate this wonderful spectacle.

It was lovely to share the experience together.



Residents had a wonderful time at our regular **Music Circle** on a Tuesday afternoon with our volunteer Paul.

We enjoyed playing a variety of instruments, singing along and making plenty of music and all gathering together.



Happy birthday to Phil!

He certainly enjoyed a wonderful rendition of “Happy Birthday,” **sung by all the staff.**

Every resident receives their **very own special birthday cake**, lovingly made for them, which is then shared with the other residents on the afternoon tea trolley.

We really do love a celebration here, as you can tell!



Our **outside courtyard is finished**, and we're really looking forward to enjoying the new space, benches, fishpond and water feature!

And, for good measure, we've also started some more work on the **existing courtyard by the dining room!**

There's still plenty happening, but it will all be worth it as we continue to improve our outdoor spaces and create lovely areas for everyone to enjoy. We can't wait to see the finished results!



Upcoming Events

Danny Jukebox – Performer/Musical Entertainment

Friday 4th September 2:30pm in the Dining Room

Annual Summer Garden Party

Saturday 5th September 2:00pm til 5pm

McMillan Coffee Morning

Friday 25th September more details to follow

Resident's Meeting

Friday 25th September 2:30pm in the Lounge



Regular Events

Knit and Natter with Volunteers Caroline and Julie
2:30pm every Monday in the Dining Room

Church Service every Monday 11:30am in the Lounge

Singing Circle with volunteer Paul Tuesday's at
2:30pm in the Lounge

Book Club every Wednesday 2:30 in the Lounge

Baking Club every Thursday 2.30pm in the Dining
Room

Special Days

- | | |
|------------------|---------------------------|
| 1 st | Classical Music Month |
| 6 th | Father's Day (AU & NZ) |
| 7 th | Labor Day (US) |
| 7 th | Brazilian Independence |
| 11 th | Rosh HaShanah |
| 12 th | Chocolate Milkshake Day |
| 13 th | Assisted Living Week (US) |
| 16 th | Mexican Independence |
| 19 th | Talk Like a Pirate Day |
| 19 th | Oktoberfest |
| 21 st | Respect for the Aged Day |
| 21 st | International Peace Day |
| 21 st | World Gratitude Day |
| 25 th | Comic Book Day (US) |
| 30 th | World Maritime Day |

September Birthdays

In September, we celebrate birthdays with:

- **John (3rd)**
- **Barbara (4th)**
- **Shirley (5th)**
- **Trish (12th)**

We hope your day is filled with laughter, family, friends, and plenty of cake!

The kitchen team is already busy prepping the treats



Gratitude Trivia

- Beethoven continued to compose music even after losing much of his hearing.
- A standard piano has 88 keys — 52 white and 36 black.
- The violin has four strings: G, D, A, and E.
- Mozart began composing music when he was just five years old.
- The word “piano” is short for “pianoforte,” meaning soft and loud.
- A full-size concert harp has 47 strings and seven pedals.
- An orchestra can include more than 100 musicians.

Virgo (Aug 22 - Sep 22)

Logical, practical, and systematic in their approach to life. Perfectionists at heart.

Libra (Sep 23 - Oct 22)

Often considered the nicest and most charming personality in the world!

WOW!

Month Spotlight: The Magic of Recorded Music

In 1877, Thomas Edison demonstrated the phonograph, changing the way the world enjoyed music. From records and cassettes to CDs and digital music, listening has come a long way. Music's magic remains timeless. A familiar melody can bring back treasured memories and transport us to another time in just a few notes.

Noticeboard



NEW RESIDENTS

A very warm welcome to:

- **Megan**
- **Patricia**
- **Angela**
- **Diane**
- **Carole**
- **John**

We hope that you enjoy your time here!

POSTPONED GARDEN PARTY 2026

Our **Garden Party on Saturday 5th September** has been postponed.

If we are able to reschedule it may be in October. Keep an eye out on your emails for the new invite.

IN MEMORIUM

To the families and friends of our late resident **Hugh**, may you be comforted by the knowledge that your loved ones are at peace.

LOST PROPERTY/CLOTHING

Occasionally, clothing tags can come loose and end up coming off on clothing or belongings. Our Laundry team have gathered a few items that are currently **looking for their correct owner.**

If you notice that something is missing when visiting or checking your loved one's wardrobe, please speak to the **Laundry or Reception team.** We would be happy to help you look through our lost property and hopefully reunite any missing items with their owner.

Noticeboard



TOILETRIES

Just another polite reminder to please take a moment to check through your loved one's toiletries when you visit and top up or replenish anything that may be running low.

Many thanks for your continued help and support with this. It is very much appreciated.

THANK YOU

We would like to say a **big thank you to all of our wonderful volunteers** who give their time and enthusiasm to support us. We really do appreciate everything you do!

It's lovely to welcome **Simon** back this month with his fascinating '*World at War*' discussions, which are always enjoyed by our residents.

We're also delighted to see **Pauline's Wednesday Book Club** going down a treat! It certainly seems that everyone is enjoying the book and, most importantly the company.

NEWSLETTER CONTRIBUTION

We'd love to see and share your photos, whether they're taken here in the home, out and about, of something interesting you've seen or done, or simply a lovely photo of you enjoying time with your friends and family during your visits.

We warmly welcome you to share your moments. We always enjoy seeing all the smiles, hearing about any quests and special memories you've made!

SEPTEMBER BRAINTEASER

Mr Hedgehog finds **10 apples** in the garden.

He eats **3** and hides **2** under the leaves.

How many apples does Mr Hedgehog have left? 🦔 🍏

Answer in next month's newsletter

p.s the answer from August's newsletter was
SUMMERTIME