

September 2026 Activity Schedule

CASTLE HOUSE NURSING HOME

Castle Street, Keinton Mandeville, Somerset TA11 6DX
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Week beginning Monday 31st August

Monday 31st		Tuesday 1st September		Wednesday 2nd		Thursday 3rd		Friday 4th		Saturday 5th		Sunday 6th	
9:15am	Exercises with Oscar LOUNGE	9:15am	Exercises with Georgie LOUNGE	9:15am	Exercises with Oscar LOUNGE	9:15am	Exercises with Deb LOUNGE	LIVE ENTERTAINMENT AT 2.30PM		9:15am	Exercises with Sammie LOUNGE	10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Matt LOUNGE	9:15am	Exercises with Oscar LOUNGE	10:00am	Daily News with Deb LOUNGE	11:00am	Memories of growing up with Sammie LOUNGE
10:00am	Walking Club with Oscar			10:00am	Walking Club with Oscar	10:00am	Walking Club with Debbie	10:00am	Daily News with Matt LOUNGE	10:00am	One-to-ones with Sammie		
11:00am	Rummage boxes with Oscar GARDEN ROOM	10:00am	Walking Club with Debbie	11:00am	Balloon tennis with Georgie LOUNGE	11:00am	Animals of the world with Matt LOUNGE	10:00am	Walking Club with Oscar	11:00am	Words in a word with Deb LOUNGE	2:30pm	Sunday singalong with Sammie LOUNGE
11:30am	Morning Worship with Sammie LOUNGE	11:00am	Give me 5 with Matt LOUNGE	11:00am	What's in the bag with Oscar GARDEN ROOM	11:00am	Crafts with Sammie DINING ROOM	11:00am	Mystery presentation with Matt LOUNGE	2:30pm	End of Summer Quiz with Sammie LOUNGE	4:00pm	Relax to music LOUNGE
2:30pm	Word games with Sammie LOUNGE	11:00am	Crafts with Georgie DINING ROOM	2:30pm	Book Club with Matt LOUNGE	2:30pm	Who am I? with Matt LOUNGE	11:00am	Pet therapy with Georgie				
2:30pm	Armchair Basketball with Oscar GARDEN ROOM	2:30pm	The Big Sing with Paul LOUNGE	2:30pm	Rhymes — What's the next line? with Oscar DINING ROOM	2:30pm	Baking Club with Deb DINING ROOM	2:30pm	Musical Entertainment with Danny Jukebox DINING ROOM	4:00pm	Relax to music LOUNGE		
2:30pm	Knit and natter with Caroline and Julie DINING ROOM	2:30pm	Cards with Deb DINING ROOM	4:00pm	Relax to music LOUNGE	4:00pm	Musical one-to-ones with Paul	4:00pm	Relax to music LOUNGE				
4:00pm	Relax to music LOUNGE	4:00pm	Relax to music LOUNGE										

LOUNGEGARDEN ROOMDINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 7th September

Monday 7th		Tuesday 8th		Wednesday 9th		Thursday 10th		Friday 11th		Saturday 12th		Sunday 13th	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Deb LOUNGE	10:00am	Tai Chi with Cheyne LOUNGE	9:15am	Exercises with Jake LOUNGE	9:15am	Exercises with Georgie LOUNGE	9:15am	Exercises with Georgie LOUNGE	10:00am	Daily News with Matt LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Walking club with Matt	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Georgie LOUNGE	11:00am	The last night of the Proms with Matt LOUNGE
10:00am	Walking club with Jake	10:00am	Walking club with Sammie	11:00am	Remembering the ballroom with Matt GARDEN ROOM	10:00am	Walking club with Deb	10:00am	Walking club with Sammie LOUNGE	11:00am	Object stacking — Who can build the highest tower? with Georgie LOUNGE	2:30pm	Sunday Crosswords with Matt LOUNGE
10:00am	One-to-ones with Sammie	10:00am	One-to-ones with Deb	11:30am	Quickfire questions with Georgie LOUNGE	10:00am	One-to-ones with Jake	10:00am	One-to-ones with Georgie LOUNGE	2:30pm	Rummage boxes with Georgie LOUNGE	4:00pm	Wind down to music LOUNGE
11:00am	Skittles with Sammie GARDEN ROOM	11:00am	History of the Proms with Matt LOUNGE	2:30pm	Book Club with Volunteer Pauline LOUNGE	11:00am	Word games with Sammie LOUNGE	11:00am	Musical history — the life of Andrea Bocelli with Matt LOUNGE	4:00pm	Wind down to music LOUNGE		
11:00am	Fresh air with Jake	11:00am	Seated football with Sammie GARDEN ROOM	2:30pm	Balloon tennis with Matt GARDEN ROOM	11:00am	How's your aim? with Jake GARDEN ROOM	11:00am	Colouring with Georgie GARDEN ROOM				
11:30am	Morning Prayer with Rev Jane LOUNGE	2:30pm	The Big Sing with Paul LOUNGE	4:00pm	Wind down to music LOUNGE	2:30pm	It happened in September with Sammie LOUNGE	2:30pm	General knowledge quiz with Sammie LOUNGE				
2:30pm	Whiteboard games with Deb LOUNGE	2:30pm	Scrabble with Sammie GARDEN ROOM			2:30pm	Baking Club with Deb DINING ROOM	4:00pm	Wind down to music LOUNGE				
2:30pm	Reminiscence — School days with Sammie GARDEN ROOM	4:00pm	Wind down to music LOUNGE			4:00pm	Wind down to music LOUNGE						
2:30pm	Knit and natter with Caroline and Julie DINING ROOM												
4:00pm	Wind down to music LOUNGE												

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 14th September

Monday 14th		Tuesday 15th		Wednesday 16th		Thursday 17th		Friday 18th		Saturday 19th		Sunday 20th	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Jake LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Oscar LOUNGE	INTERNATIONAL TALK LIKE A PIRATE DAY		10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Oscar LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Georgie LOUNGE	9:15am	Exercises with Deb LOUNGE	11:00am	Minute to win it – Spelling bee with Sammie LOUNGE
10:00am	Walking club with Oscar	10:00am	Walking club with Deb	10:00am	Walking club with Georgie	10:00am	Walking club with Jake	10:00am	Walking club with Oscar	10:00am	Daily News with Sammie LOUNGE	2:30pm	Sunday Singalong with Sammie LOUNGE
10:00am	One-to-ones with Sammie	11:00am	Finish the rhyme with Deb GARDEN ROOM	10:00am	One-to-ones with Jake	10:00am	One-to-ones with Deb	11:00am	Famous faces with Georgie LOUNGE	10:00am	Walking club with Deb	4:00pm	Wind down to music LOUNGE
11:00am	Painting with Sammie GARDEN ROOM	11:00am	Higher or lower with Georgie LOUNGE	11:00am	Tongue Twisters with Oscar LOUNGE	11:00am	Crafts with Sammie LOUNGE	11:00am	Short stories with Oscar GARDEN ROOM	11:00am	Sea Shanties with Sammie LOUNGE		
11:30am	Morning Worship with Deb LOUNGE	2:30pm	The Big Sing with Paul LOUNGE	11:00am	Reminiscence – Love and marriage with Jake GARDEN ROOM	11:00am	Name the song and sing along with Deb GARDEN ROOM	2:30pm	General knowledge quiz with Georgie LOUNGE	11:00am	Getting to know you with Deb GARDEN ROOM		
2:30pm	Parachute games with Deb LOUNGE	2:30pm	Reminiscence box with Deb GARDEN ROOM	2:30pm	Book Club with Volunteer Pauline LOUNGE	2:30pm	Fun with numbers with Sammie LOUNGE	2:30pm	Finish the rhyme with Oscar GARDEN ROOM	2:30pm	Famous pirates and their stories with Sammie LOUNGE		
2:30pm	Name the squash flavour with Sammie GARDEN ROOM	4:00pm	Wind down to music LOUNGE	2:30pm	Pet Therapy with Georgie GARDEN ROOM	2:30pm	Baking Club with Deb DINING ROOM	4:00pm	Wind down to music LOUNGE	2:30pm	Bingo with Deb DINING ROOM		
2:30pm	Knit and natter with Caroline and Julie DINING ROOM			4:00pm	Wind down to music LOUNGE	2:30pm	Musical one-to-ones with Paul			4:00pm	Wind down to music LOUNGE		
4:00pm	Wind down to music LOUNGE					4:00pm	Wind down to music LOUNGE						

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 21st September

Monday 21st	
9:15am	Exercises with Jake LOUNGE
10:00am	Daily News with Sammie LOUNGE
10:00am	Walking club with Jake
10:00am	One-to-ones with Deb
11:00am	Visual quiz with Jake GARDEN ROOM
11:30am	Morning Worship with Sammie LOUNGE
2:30pm	Advice for the younger generation with Deb LOUNGE
2:30pm	Beanbag toss with Sammie GARDEN ROOM
2:30pm	Knit and natter with Caroline and Julie DINING ROOM
4:00pm	Wind down to music LOUNGE

Tuesday 22nd	
9:15am	Exercises with Sammie LOUNGE
10:00am	Daily News with Jake LOUNGE
10:00am	Walking club with Deb
10:00am	One-to-ones with Sammie
11:00am	Speedy hands game with Deb GARDEN ROOM
11:15am	The World at War with volunteer Simon LOUNGE
2:30pm	The Big Sing with Paul LOUNGE
2:30pm	Seated boules with Sammie GARDEN ROOM
4:00pm	Wind down to music LOUNGE

Wednesday 23rd	
AUTUMN EQUINOX	
9:15am	Exercises with Georgie LOUNGE
10:00am	Daily News with Matt LOUNGE
10:00am	Walking club with Georgie
11:00am	Musical history – the life of Meat Loaf with Matt LOUNGE
2:30pm	Book Club with Volunteer Pauline LOUNGE
2:30pm	Pet Therapy with Georgie GARDEN ROOM
4:00pm	Wind down to music LOUNGE

Thursday 24th	
WORLD MARITIME DAY	
9:15am	Exercises with Deb LOUNGE
10:00am	Daily News with Sammie LOUNGE
10:00am	Walking club with Deb
11:00am	Trivia challenge with Sammie LOUNGE
11:00am	Name that tune with Deb GARDEN ROOM
2:30pm	Famous ships and their stories with Sammie LOUNGE
2:30pm	Baking Club with Deb DINING ROOM
2:30pm	Musical one-to-ones with Paul
4:00pm	Wind down to music LOUNGE

Friday 25th	
MACMILLAN COFFEE MORNING	
9:15am	Exercises with Sammie LOUNGE
10:00am	Daily News with Georgie LOUNGE
10:00am	Walking club with Sammie
10:30am	Macmillan Coffee morning
2:30pm	Residents meeting with Matt LOUNGE
4:00pm	Wind down to music LOUNGE

Saturday 26th	
9:15am	Exercises with Georgie LOUNGE
10:00am	Daily News with Georgie LOUNGE
11:00am	Bean bag curling with Georgie LOUNGE
2:30pm	Whiteboard games with Georgie LOUNGE
4:00pm	Wind down to music LOUNGE

Sunday 27th	
10:00am	Daily News with Matt LOUNGE
11:00am	Sunday singalong with Matt LOUNGE
2:30pm	Sunday Crosswords with Matt LOUNGE
4:00pm	Wind down to music LOUNGE

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 28th September

Monday 28th		Tuesday 29th		Wednesday 30th		Thursday 1st October		Friday 2nd		Saturday 3rd		Sunday 4th	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Georgie LOUNGE	9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Deb LOUNGE	WORLD ANIMAL DAY	
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Sammie LOUNGE
10:00am	Walking club with Sammie	10:00am	Walking club with Matt	10:00am	Walking club with Georgie	10:00am	Walking club with Sammie	10:00am	Walking club with Matt	10:00am	Walking club with Deb	11:00am	Sunday Singalong with Sammie LOUNGE
11:00am	Finish the line with Sammie GARDEN ROOM	10:00am	One-to-ones with Deb	11:00am	Famous Places with Matt LOUNGE	11:00am	How old are they now? with Deb LOUNGE	11:00am	Armchair football with Georgie LOUNGE	11:00am	Word games with Sammie LOUNGE	2:30pm	The great animal quiz with Sammie LOUNGE
11:30am	Morning Worship with Deb LOUNGE	11:00am	Opposites word game with Deb GARDEN ROOM	11:00am	Colouring with Georgie GARDEN ROOM	11:00am	Name that sound with Sammie GARDEN ROOM	11:00am	Music of the west end with Matt GARDEN ROOM	11:00am	Dance to the music with Deb GARDEN ROOM	4:00pm	Wind down to music LOUNGE
2:30pm	Autumn quiz with Deb LOUNGE	11:15am	Quiz of colours with Georgie LOUNGE	2:30pm	Book Club with Volunteer Pauline LOUNGE	2:30pm	Last one laughing with Sammie LOUNGE	2:30pm	General knowledge quiz with Georgie LOUNGE	2:30pm	Leaf pressing art with Sammie LOUNGE		
2:30pm	Giant Jenga with Sammie GARDEN ROOM	2:30pm	Tuneful Tuesday with Georgie LOUNGE	2:30pm	Pet Therapy with Georgie GARDEN ROOM	2:30pm	Baking Club with Deb DINING ROOM	2:30pm	Words starting with... with Matt GARDEN ROOM	2:30pm	Bingo with Deb DINING ROOM		
2:30pm	Knit and natter with Caroline and Julie DINING ROOM	2:30pm	Sorting colours with Deb GARDEN ROOM	4:00pm	Wind down to music LOUNGE	2:30pm	Musical one-to-ones with Paul LOUNGE	4:00pm	Wind down to music LOUNGE	4:00pm	Wind down to music LOUNGE		
4:00pm	Wind down to music LOUNGE	4:00pm	Wind down to music LOUNGE			4:00pm	Wind down to music LOUNGE						

LOUNGEGARDEN ROOMDINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Family and friends are always welcome to join in – just ask a member of the Well Being team.