

October 2026 Activity Schedule

CASTLE HOUSE NURSING HOME

Castle Street, Keinton Mandeville, Somerset TA11 6DX
01458 223780 · castlehousenursinghome.com

Week beginning Monday 28th September

Monday 28th

1-1S TAKING PLACE
THROUGHOUT THE DAY

9:15am

Exercises with Sammie

LOUNGE

10:00am

Daily News with Deb

LOUNGE

10:00am

Walking club with Sammie

11:30am

Morning Worship with Deb

LOUNGE

2:30pm

Autumn quiz with Deb

LOUNGE

2:30pm

Knit and natter with Caroline and Julie

DINING ROOM

4:00pm

Wind down to music

LOUNGE

Tuesday 29th

1-1S TAKING PLACE
THROUGHOUT THE DAY

9:15am

Exercises with Deb

LOUNGE

10:00am

Daily News with Georgie

LOUNGE

10:00am

Walking club with Matt

11:15am

The World at War with volunteer Simon

LOUNGE

2:30pm

Tuneful Tuesday with Georgie

LOUNGE

4:00pm

Wind down to music

LOUNGE

Wednesday 30th

1-1S TAKING PLACE
THROUGHOUT THE DAY

9:15am

Exercises with Georgie

LOUNGE

10:00am

Daily News with Matt

LOUNGE

10:00am

Walking club with Georgie

11:00am

Keinton School visit

LOUNGE

2:30pm

Book Club with Volunteer Pauline

LOUNGE

4:00pm

Wind down to music

LOUNGE

Thursday 1st

1-1S TAKING PLACE
THROUGHOUT THE DAY

9:15am

Exercises with Sammie

LOUNGE

10:00am

Daily News with Matt

LOUNGE

10:00am

Walking club with Sammie

11:00am

How old are they now? with Matt

LOUNGE

2:30pm

Give me 5 with Matt

LOUNGE

4:00pm

Wind down to music

LOUNGE

Friday 2nd

1-1S TAKING PLACE
THROUGHOUT THE DAY

9:15am

Exercises with Matt

LOUNGE

10:00am

Daily News with Georgie

LOUNGE

10:00am

Walking club with Matt

11:00am

Armchair football with Georgie

LOUNGE

2:30pm

General knowledge quiz with Georgie

LOUNGE

4:00pm

Wind down to music

LOUNGE

Saturday 3rd

9:15am

Exercises with Sammie

LOUNGE

10:00am

Daily News with Sammie

LOUNGE

11:00am

Word games with Sammie

LOUNGE

2:30pm

Bingo with Sammie

LOUNGE

4:00pm

Wind down to music

LOUNGE

Sunday 4th

WORLD ANIMAL DAY

10:00am

Daily News with Sammie

LOUNGE

11:00am

Sunday Singalong with Sammie

LOUNGE

2:30pm

The great animal quiz with Sammie

LOUNGE

4:00pm

Wind down to music

LOUNGE

Week beginning Monday 12th October

Monday 12th		Tuesday 13th		Wednesday 14th		Thursday 15th		Friday 16th		Saturday 17th		Sunday 18th	
1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Deb LOUNGE	10:00am	Tai Chi with Cheyne LOUNGE	9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Deb LOUNGE	10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Walking club with Matt LOUNGE	10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Sammie LOUNGE	11:00am	Seated badminton with Sammie LOUNGE
10:00am	Walking club with Jake LOUNGE	10:00am	Walking club with Deb LOUNGE	11:30am	What's in the news? with Georgie LOUNGE	10:00am	Walking club with Matt LOUNGE	10:00am	Walking club with Matt LOUNGE	10:00am	Walking club with Deb LOUNGE	2:30pm	Let's get to know each other with Sammie LOUNGE
11:30am	Morning Worship with Deb LOUNGE	11:15am	The World at War with volunteer Simon LOUNGE	2:30pm	Reading with Volunteer Pauline LOUNGE	11:00am	Famous Faces with Deb LOUNGE	11:00am	Reminiscence with Georgie LOUNGE	11:00am	October birthdays – Who am I? with Sammie LOUNGE	4:00pm	Wind down to music LOUNGE
2:30pm	Parachute games with Deb LOUNGE	2:30pm	The Big Sing with Paul LOUNGE	4:00pm	Wind down to music LOUNGE	2:30pm	Armchair football with Sammie LOUNGE	2:00pm	Castle House Party!	2:30pm	Bingo with Deb LOUNGE		
2:30pm	Knit and natter with Caroline and Julie DINING ROOM	4:00pm	Wind down to music LOUNGE			4:00pm	Wind down to music LOUNGE			4:00pm	Wind down to music LOUNGE		
4:00pm	Wind down to music LOUNGE												

LOUNGEGARDEN ROOMDINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 19th October

Monday 19th		Tuesday 20th		Wednesday 21st		Thursday 22nd		Friday 23rd		Saturday 24th		Sunday 25th	
1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		9:15am Exercises with Georgie LOUNGE		10:00am Daily News with Matt LOUNGE	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Jake LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Georgie LOUNGE				
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Georgie LOUNGE	11:00am	Sunday Singalong with Matt LOUNGE
10:00am	Walking club with Sammie	10:00am	Walking club with Sammie	11:00am	Beanbag Toss LOUNGE	10:00am	Walking club with Jake	10:00am	Walking club with Georgie LOUNGE	11:00am	Skittles with Georgie	2:30pm	Sunday Crosswords with Matt LOUNGE
11:30am	Holy Communion with Rev Jane LOUNGE	11:00am	Trivial Pursuit with Matt LOUNGE	2:30pm	Reading with Volunteer Pauline LOUNGE	11:00am	Question ball with Sammie LOUNGE	11:00am	Musical history – the life of Roy Orbison with Sammie LOUNGE	2:30pm	Jokes with Georgie LOUNGE	4:00pm	Wind down to music LOUNGE
2:30pm	Give me 5 with Deb LOUNGE	2:30pm	The Big Sing with Paul LOUNGE	4:00pm	Wind down to music LOUNGE	2:30pm	Word ladders with Sammie LOUNGE	2:30pm	General knowledge quiz with Sammie LOUNGE				
2:30pm	Knit and natter with Caroline and Julie DINING ROOM	4:00pm	Wind down to music LOUNGE			4:00pm	Wind down to music LOUNGE	2:30pm	Musical one-to-ones with Paul				
4:00pm	Wind down to music LOUNGE							4:00pm	Wind down to music LOUNGE				

LOUNGE

GARDEN ROOM

DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 26th October

Monday 26th		Tuesday 27th		Wednesday 28th		Thursday 29th		Friday 30th		Saturday 31st		Sunday 1st	
1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY		1-1S TAKING PLACE THROUGHOUT THE DAY	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Georgie LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Jake LOUNGE	HALLOWEEN		10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Sammie LOUNGE	11:00am	Word beginning with... with Sammie LOUNGE
10:00am	Walking club with Sammie	10:00am	Walking club with Deb	10:00am	Walking club with Jake	10:00am	Walking club with Deb	10:00am	Walking club with Jake	10:00am	Walking club with Deb	2:30pm	Sunday singalong with Sammie LOUNGE
11:30am	Morning Worship with Deb LOUNGE	11:15am	The World at War with volunteer Simon LOUNGE	11:00am	History of Halloween with Matt LOUNGE	11:00am	Give me 5 with Sammie LOUNGE	11:00am	Residents meeting with Matt LOUNGE	11:00am	Spelling bee with Sammie LOUNGE	4:00pm	Wind down to music LOUNGE
2:30pm	Whiteboard games with Deb LOUNGE	2:30pm	Tuneful Tuesday with Georgie LOUNGE	2:30pm	Reading with Matt LOUNGE	2:30pm	Short stories with Sammie LOUNGE	11:00am	Residents meeting one-to-ones with Georgie	2:30pm	Halloween crafts with Sammie LOUNGE		
2:30pm	Knit and natter with Caroline and Julie DINING ROOM	4:00pm	Wind down to music LOUNGE	4:00pm	Wind down to music LOUNGE	4:00pm	Wind down to music LOUNGE	2:30pm	General knowledge quiz with Georgie LOUNGE	4:00pm	Wind down to music LOUNGE		
4:00pm	Wind down to music LOUNGE							4:00pm	Ghost stories by candlelight with Matt LOUNGE				

One-to-ones, fresh air and pet therapy happen around the home.

Family and friends are always welcome to join in – just ask a member of the Well Being team.