November 2026 Activity Schedule

CASTLE HOUSE NURSING HOME

Castle Street, Keinton Mandeville, Somerset TA11 6DX
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Week beginning Monday 2nd November

LOUNGE · GARDEN ROOM · DINING ROOM — One-to-ones, fresh air and pet therapy happen around the home.

Monday 2nd

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Jake — GARDEN ROOM
- 10:00am — Daily News with Deb — LOUNGE
- 11:30am — Morning Prayer with Rev Jane — LOUNGE
- 2:30pm — Seated netball with Deb — LOUNGE
- 2:30pm — Crafts with Sammie
- 2:30pm — Walking club with Jake
- 4:00pm — Wind down to music — LOUNGE

Tuesday 3rd

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Deb — GARDEN ROOM
- 10:00am — Daily News with Matt — LOUNGE
- 11:00am — Tuneful Tuesday with Matt — LOUNGE
- 11:00am — Crafts with Sammie — GARDEN ROOM
- 2:30pm — General knowledge quiz with Matt — LOUNGE
- 2:30pm — Musical 1-1s with Paul
- 2:30pm — Walking club with Deb
- 4:00pm — Wind down to music — LOUNGE

Wednesday 4th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Georgie — GARDEN ROOM
- 10:00am — Daily News with Matt — LOUNGE
- 11:00am — Armchair Travel with Matt — LOUNGE
- 2:30pm — Reading with Volunteer Pauline — LOUNGE
- 2:30pm — Walking club with Georgie
- 4:00pm — Wind down to music — LOUNGE

Thursday 5th

BONFIRE NIGHT

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Matt — GARDEN ROOM
- 10:00am — Daily News with Sammie — LOUNGE
- 11:00am — Skittles with Sammie — LOUNGE
- 11:15am — The Great War with volunteer Simon — GARDEN ROOM
- 2:30pm — History of bonfire night with Sammie — LOUNGE
- 2:30pm — Walking club with Matt
- 4:00pm — Wind down to music — LOUNGE

Friday 6th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Sammie — GARDEN ROOM
- 10:00am — Daily News with Jake — LOUNGE
- 11:00am — Parachute games with Jake — LOUNGE
- 2:30pm — The Big Sing with Paul — LOUNGE
- 2:30pm — Walking club with Sammie
- 4:00pm — Wind down to music — LOUNGE

Saturday 7th

- 9:15am — Exercises with Georgie — GARDEN ROOM
- 10:00am — Daily News with Georgie — LOUNGE
- 11:00am — Riddles with Georgie — LOUNGE
- 2:30pm — Skittles with Georgie — LOUNGE
- 4:00pm — Wind down to music — LOUNGE

Sunday 8th

REMEMBRANCE SUNDAY

- 10:00am — Daily News with Matt — LOUNGE
- 10:30am — Remembrance service from the Cenotaph — LOUNGE
- 2:30pm — Sunday Crosswords with Matt — LOUNGE
- 4:00pm — Wind down to music — LOUNGE

Week beginning Monday 9th November

LOUNGE | GARDEN ROOM | DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Monday 9th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:30am Morning Worship with Deb — LOUNGE
- 2:30pm Famous faces with Deb — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Tuesday 10th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Deb — GARDEN ROOM
- 10:00am Daily News with Georgie — LOUNGE
- 11:00am Spies and their stories with Matt — LOUNGE
- 11:00am Pet Therapy with Graham and Georgie
- 2:30pm General knowledge quiz with Matt — LOUNGE
- 2:30pm Walking club with Deb
- 2:30pm Musical 1-1s with Paul
- 4:00pm Wind down to music — LOUNGE

Wednesday 11th

REMEMBRANCE DAY

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Georgie — GARDEN ROOM
- 10:45am Keinton School visit and crafts — LOUNGE
- 11:00am 2 minute silence
- 2:30pm Reading with Volunteer Pauline — LOUNGE
- 2:30pm Walking club with Matt
- 4:00pm Wind down to music — LOUNGE

Thursday 12th

WORLD BALLET DAY

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Deb — GARDEN ROOM
- 10:00am Daily News with Sammie — LOUNGE
- 11:00am Music from the ballet with Sammie — LOUNGE
- 2:30pm Getting to know you — Favourite foods with Sammie — LOUNGE
- 2:30pm Baking club with Deb — DINING ROOM
- 2:30pm Walking club with Matt
- 4:00pm Wind down to music — LOUNGE

Friday 13th

- 9:15am Exercises with Georgie — GARDEN ROOM
- 10:00am Daily News with Georgie — LOUNGE
- 11:00am Where do superstitions come from? with Georgie — LOUNGE
- 2:30pm The Big Sing with Paul — LOUNGE
- 4:00pm Wind down to music — LOUNGE

Saturday 14th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:00am Name that tune with Deb — LOUNGE
- 2:30pm Bingo with Deb — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Sunday 15th

- 10:00am Daily News with Sammie — LOUNGE
- 11:00am Reminiscence boxes with Sammie — LOUNGE
- 2:30pm Sunday singalong with Sammie — LOUNGE
- 4:00pm Wind down to music — LOUNGE

Week beginning Monday 16th November

LOUNGE | GARDEN ROOM | DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Monday 16th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:30am Holy Communion with Rev Jane — LOUNGE
- 2:30pm Beanbag curling with Deb — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Tuesday 17th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Matt — LOUNGE
- 11:00am Finish the rhyme with Matt — LOUNGE
- 11:15am The Great War with volunteer Simon — GARDEN ROOM
- 2:30pm General knowledge quiz with Matt — LOUNGE
- 2:30pm Walking club with Sammie
- 2:30pm Musical 1-1s with Paul
- 4:00pm Wind down to music — LOUNGE

Wednesday 18th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 10:00am Tai Chi with Cheyne — LOUNGE
- 11:30am Morning news with Matt — LOUNGE
- 2:30pm Reading with Volunteer Pauline — LOUNGE
- 2:30pm Walking club with Georgie
- 4:00pm Wind down to music — LOUNGE

Thursday 19th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Deb — GARDEN ROOM
- 10:00am Daily News with Sammie — LOUNGE
- 11:00am Poetry with Sammie — LOUNGE
- 2:30pm Balloon tennis with Sammie — GARDEN ROOM
- 2:30pm Walking club with Deb
- 4:00pm Wind down to music — LOUNGE

Friday 20th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Georgie — LOUNGE
- 10:30am Crafts with Sammie — GARDEN ROOM
- 11:00am Beanbag toss with Georgie — LOUNGE
- 2:30pm The Big Sing with Paul — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Saturday 21st

- 9:15am Exercises with Georgie — GARDEN ROOM
- 10:00am Daily News with Georgie — LOUNGE
- 11:00am Saturday singalong with Georgie — LOUNGE
- 2:30pm Higher or lower with Georgie — LOUNGE
- 4:00pm Wind down to music — LOUNGE

Sunday 22nd

- 10:00am Daily News with Matt — LOUNGE
- 11:00am The life of JFK with Matt — LOUNGE
- 2:30pm Sunday Crosswords with Matt — LOUNGE
- 4:00pm Wind down to music — LOUNGE

Week beginning Monday 23rd November

LOUNGE GARDEN ROOM DINING ROOM One-to-ones, fresh air and pet therapy happen around the home.

Monday 23rd

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:30am Morning Worship with Deb — LOUNGE
- 2:30pm Finish the phrase with Deb — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Tuesday 24th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Georgie — GARDEN ROOM
- 10:00am Daily News with Matt — LOUNGE
- 11:00am Whose Mustache is this? with Matt — LOUNGE
- 11:00am Pet Therapy with Graham and Georgie
- 2:30pm General knowledge quiz with Matt — LOUNGE
- 2:30pm Musical 1-1s with Paul
- 2:30pm Walking club with Deb
- 4:00pm Wind down to music — LOUNGE

Wednesday 25th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Matt — GARDEN ROOM
- 10:00am Daily News with Georgie — LOUNGE
- 11:00am What's in the bag? with Georgie — LOUNGE
- 2:30pm Reading with Volunteer Pauline — LOUNGE
- 2:30pm Walking club with Matt
- 4:00pm Wind down to music — LOUNGE

Thursday 26th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:00am Higher or lower with Deb — LOUNGE
- 2:30pm Potato boules with Sammie — LOUNGE
- 2:30pm Baking club with Deb — DINING ROOM
- 2:30pm Walking club with Matt
- 4:00pm Wind down to music — LOUNGE

Friday 27th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Georgie — GARDEN ROOM
- 10:00am Daily News with Matt — LOUNGE
- 11:00am Residents meeting with Matt — LOUNGE
- 2:30pm The Big Sing with Paul — LOUNGE
- 2:30pm Walking club with Georgie
- 4:00pm Wind down to music — LOUNGE

Saturday 28th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am Exercises with Sammie — GARDEN ROOM
- 10:00am Daily News with Deb — LOUNGE
- 11:00am Handbells with Deb — LOUNGE
- 2:30pm Bingo with Deb — LOUNGE
- 2:30pm Walking club with Sammie
- 4:00pm Wind down to music — LOUNGE

Sunday 29th

- 10:00am Daily News with Sammie — LOUNGE
- 11:00am Crooners quiz with Sammie — LOUNGE
- 2:30pm What advice would you give your younger self? with Sammie — LOUNGE
- 4:00pm Wind down to music — LOUNGE

Week beginning Monday 30th November

LOUNGE | GARDEN ROOM | DINING ROOM — One-to-ones, fresh air and pet therapy happen around the home.

Monday 30th

ST ANDREWS DAY

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Jake — GARDEN ROOM
- 10:00am — Daily News with Deb — LOUNGE
- 11:00am — Christmas Crafts with Sammie — GARDEN ROOM
- 11:30am — Morning Worship with Deb — LOUNGE
- 2:30pm — All things Scotland! with Deb — LOUNGE
- 2:30pm — Walking club with Sammie
- 4:00pm — Wind down to music — LOUNGE

Tuesday 1st Dec

1-1S TAKING PLACE THROUGHOUT THE DAY

CHRISTMAS DECORATION DAY

- 9:15am — Exercises with Deb — GARDEN ROOM
- 10:00am — Daily News with Matt — LOUNGE
- 11:00am — Tuneful Tuesday with Matt — LOUNGE
- 11:15am — The Great War with volunteer Simon — GARDEN ROOM
- 2:30pm — General knowledge quiz with Matt — LOUNGE
- 2:30pm — Christmas Card making with Sammie — GARDEN ROOM
- 2:30pm — Walking club with Deb
- 2:30pm — Musical 1-1s with Paul
- 4:00pm — Wind down to music — LOUNGE

Wednesday 2nd

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Georgie — GARDEN ROOM
- 10:00am — Daily News with Matt — LOUNGE
- 11:00am — Who am I? December birthdays with Matt — LOUNGE
- 2:30pm — Reading with Volunteer Pauline — LOUNGE
- 2:30pm — Walking club with Georgie
- 4:00pm — Wind down to music — LOUNGE

Thursday 3rd

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Sammie — GARDEN ROOM
- 10:00am — Daily News with Deb — LOUNGE
- 11:00am — Christmas Carols with Deb — LOUNGE
- 2:30pm — Skittles with Deb — LOUNGE
- 2:30pm — Walking club with Sammie
- 4:00pm — Wind down to music — LOUNGE

Friday 4th

1-1S TAKING PLACE THROUGHOUT THE DAY

- 9:15am — Exercises with Georgie — GARDEN ROOM
- 10:00am — Daily News with Jake — LOUNGE
- 11:00am — Armchair football with Jake — LOUNGE
- 2:30pm — The Big Sing with Paul — LOUNGE
- 2:30pm — Walking club with Georgie
- 4:00pm — Wind down to music — LOUNGE

Saturday 5th

CHRISTMAS PARTY DAY!

Sunday 6th

- 10:00am — Daily News with Matt — LOUNGE
- 11:00am — Sunday Singalong — LOUNGE
- 2:30pm — Sunday Crosswords with Matt — LOUNGE
- 4:00pm — Wind down to music — LOUNGE

Family and friends are always welcome to join in — just ask a member of the Well Being team.