

August 2026 Activity Schedule

CASTLE HOUSE NURSING HOME

Castle Street, Keinton Mandeville, Somerset TA11 6DX
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Week beginning Monday 3rd August

Monday 3rd		Tuesday 4th		Wednesday 5th		Thursday 6th		Friday 7th		Saturday 8th		Sunday 9th	
9:15am	Exercises with Oscar LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Jake LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Georgie LOUNGE	NATIONAL CAT DAY		10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Matt LOUNGE	9:15am	Exercises with Sammie LOUNGE	11:00am	Minute to win it – Tallest jenga tower with Sammie LOUNGE
10:00am	Walking Club with Jake	10:00am	Walking Club with Deb	10:00am	Walking Club with Oscar	10:00am	Walking Club with Matt	10:00am	Walking Club with Georgie	10:00am	Daily News with Sammie LOUNGE	2:30pm	Sunday singalong with Sammie LOUNGE
10:00am	One-to-ones with Oscar	11:00am	Balloon tennis with Georgie LOUNGE	11:00am	Let's learn about the Bee Gees with Matt LOUNGE	11:00am	Poetry with Deb LOUNGE	11:00am	Hoopla with Georgie LOUNGE	11:00am	The Fabulous feline Quiz with Sammie LOUNGE	4:00pm	Relax to music LOUNGE
11:00am	Finish the phrase with Jake GARDEN ROOM	11:00am	Beanbag toss with Deb GARDEN ROOM	11:00am	Skittles with Jake GARDEN ROOM	11:00am	Question ball with Matt GARDEN ROOM	11:00am	Musical memories with Matt GARDEN ROOM	2:30pm	Bingo with Sammie LOUNGE		
11:30am	Morning Worship with Deb LOUNGE	2:30pm	Singing Circle with Paul LOUNGE	2:30pm	Book Club with Matt LOUNGE	2:30pm	Whiteboard games with Matt LOUNGE	2:30pm	General knowledge quiz with Matt LOUNGE	4:00pm	Relax to music LOUNGE		
2:30pm	The life and music of Mozart with Oscar LOUNGE	2:30pm	Cards with Deb GARDEN ROOM	2:30pm	Reminiscence – Where did you grow up with Oscar GARDEN ROOM	2:30pm	Baking Club with Deb DINING ROOM	2:30pm	Colouring with Georgie GARDEN ROOM				
2:30pm	Armchair football with Jake GARDEN ROOM	4:00pm	Relax to music LOUNGE	4:00pm	Relax to music LOUNGE	2:30pm	Musical one-to-ones with Paul LOUNGE	4:00pm	Relax to music LOUNGE				
2:30pm	One-to-ones with Deb					4:00pm	Relax to music LOUNGE						
4:00pm	Relax to music LOUNGE												

LOUNGEGARDEN ROOMDINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 10th August

Monday 10th		Tuesday 11th		Wednesday 12th		Thursday 13th		Friday 14th		Saturday 15th		Sunday 16th	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Oscar LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Oscar LOUNGE	POETRY AFTERNOON WITH MARK – 2.30PM		10:00am	Daily News with Matt LOUNGE
10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Tai Chi with Cheyne LOUNGE	10:00am	Daily News with Sammie LOUNGE	10:00am	Daily News with Georgie LOUNGE	9:15am	Exercises with Georgie LOUNGE	11:00am	Sunday singalong with Matt LOUNGE
11:30am	Morning Worship with Sammie LOUNGE	10:00am	Walking Club with Oscar	10:00am	Fresh air with Matt	10:00am	Walking Club with Matt	10:00am	Walking Club with Oscar	10:00am	Daily News with Georgie LOUNGE	2:30pm	Sunday Crosswords with Matt LOUNGE
2:30pm	Give me 5 with Sammie LOUNGE	10:00am	One-to-ones with Sammie	11:30am	Sports day reminiscence with Georgie LOUNGE	11:00am	Darts with Sammie LOUNGE	11:00am	The life and times of Elvis Presley with Georgie LOUNGE	11:00am	Scattergories with Georgie LOUNGE	4:00pm	Relax to music LOUNGE
4:00pm	Relax to music LOUNGE	11:00am	Word games with Matt LOUNGE	2:30pm	Book Club with Matt LOUNGE	11:00am	Higher or lower with Matt GARDEN ROOM	11:00am	Beanbag toss with Oscar GARDEN ROOM	2:30pm	Poetry with Mark LOUNGE		
		2:30pm	Singing Circle with Paul LOUNGE	2:30pm	Colouring with Jake GARDEN ROOM	2:30pm	Question ball with Sammie LOUNGE	2:30pm	General knowledge quiz with Georgie LOUNGE	2:30pm	Seated football with Georgie GARDEN ROOM		
		2:30pm	Board games with Sammie GARDEN ROOM	4:00pm	Relax to music LOUNGE	2:30pm	Toe tapping medley with Matt GARDEN ROOM	2:30pm	Finish the rhyme with Jake GARDEN ROOM	4:00pm	Relax to music LOUNGE		
		2:30pm	Technology Help desk with Matt DINING ROOM			4:00pm	Relax to music LOUNGE	4:00pm	Relax to music LOUNGE				
		4:00pm	Relax to music LOUNGE										

LOUNGE

GARDEN ROOM

DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 17th August

Monday 17th		Tuesday 18th		Wednesday 19th		Thursday 20th		Friday 21st		Saturday 22nd		Sunday 23rd	
9:15am	Exercises with Sammie LOUNGE	9:15am	Exercises with Georgie LOUNGE	9:15am	Exercises with Matt LOUNGE	9:15am	Exercises with Deb LOUNGE	9:15am	Exercises with Oscar LOUNGE	HARLEY DAVIDSON DRIVE-BY AT 11AM ON THE DRIVEWAY		10:00am	Daily News with Sammie LOUNGE
10:00am	Daily News with Deb LOUNGE	10:00am	Daily News with Matt LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Oscar LOUNGE	10:00am	Daily News with Georgie LOUNGE	10:00am	Daily News with Deb LOUNGE	11:00am	Skittles with Sammie LOUNGE
10:00am	Walking Club with Oscar	10:00am	Walking Club with Deb	10:00am	Walking Club with Matt	10:00am	Walking Club with Matt	10:00am	Walking Club with Oscar	10:00am	One-to-ones with Sammie	2:30pm	Sunday Singalong with Sammie LOUNGE
11:00am	Finish the lyrics with Sammie GARDEN ROOM	11:00am	August Birthdays – Who am I? with Matt LOUNGE	11:00am	Seated football with Georgie LOUNGE	11:00am	Indoor bowls with Oscar LOUNGE	11:00am	Morning at the musicals with Georgie LOUNGE	11:00am	Parachute games with Deb LOUNGE	4:00pm	Relax to music LOUNGE
11:30am	Morning Worship with Deb LOUNGE	11:00am	Balloon tennis with Georgie GARDEN ROOM	11:00am	Finish the phrase with Matt GARDEN ROOM	11:00am	Tongue Twisters with Deb GARDEN ROOM	11:00am	Beanbag toss with Oscar GARDEN ROOM	11:00am	Painting with Sammie GARDEN ROOM		
2:30pm	Whiteboard games with Deb LOUNGE	2:30pm	Singing Circle with Paul LOUNGE	2:30pm	Book Club with Volunteer Pauline LOUNGE	2:30pm	How's your aim? with Oscar LOUNGE	2:30pm	General knowledge quiz with Georgie LOUNGE	2:30pm	Bingo with Deb LOUNGE		
2:30pm	Arts and crafts with Sammie GARDEN ROOM	2:30pm	Cards with Deb GARDEN ROOM	2:30pm	Reminiscence – Favourite foods with Jake GARDEN ROOM	2:30pm	Name the animal with Matt GARDEN ROOM	2:30pm	Connect 4 with Oscar GARDEN ROOM	2:30pm	Rummage boxes with Sammie GARDEN ROOM		
4:00pm	Relax to music LOUNGE	2:30pm	Pet Therapy with Georgie	4:00pm	Relax to music LOUNGE	2:30pm	Baking Club with Deb DINING ROOM	4:00pm	Relax to music LOUNGE	4:00pm	Relax to music LOUNGE		
		4:00pm	Relax to music LOUNGE			2:30pm	Musical one-to-ones with Paul						
						4:00pm	Relax to music LOUNGE						

LOUNGE

GARDEN ROOM

DINING ROOM

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 24th August

Monday 24th	
9:15am	Exercises with Jake LOUNGE
10:00am	Daily News with Deb LOUNGE
10:00am	Walking Club with Sammie
11:00am	Guessing games with Jake GARDEN ROOM
11:30am	Holy Communion with Rev Jane LOUNGE
2:30pm	Whiteboard games with Deb LOUNGE
2:30pm	Finish the saying with Jake GARDEN ROOM
4:00pm	Relax to music LOUNGE

Tuesday 25th	
9:15am	Exercises with Sammie LOUNGE
10:00am	Daily News with Matt LOUNGE
10:00am	Walking Club with Deb
11:00am	Spies and their stories with Matt LOUNGE
11:00am	What's that sound? with Sammie GARDEN ROOM
2:30pm	Singing Circle with Paul LOUNGE
2:30pm	Cards with Deb GARDEN ROOM
4:00pm	Relax to music LOUNGE

Wednesday 26th	
NATIONAL DOG DAY	
9:15am	Exercises with Georgie LOUNGE
10:00am	Daily News with Matt LOUNGE
10:00am	Walking Club with Oscar
11:00am	Armchair Travel with Matt LOUNGE
11:00am	Hand bells with Oscar GARDEN ROOM
2:30pm	Book Club with Matt LOUNGE
2:30pm	How many dogs do you recognise? with Georgie GARDEN ROOM
4:00pm	Relax to music LOUNGE

Thursday 27th	
9:15am	Exercises with Matt LOUNGE
10:00am	Daily News with Oscar LOUNGE
10:00am	Walking Club with Jake
11:00am	A-Z — Foods and drinks with Oscar LOUNGE
11:00am	Let's go fly a kite with Deb
2:30pm	Animals of the world with Matt LOUNGE
2:30pm	How's your aim? with Oscar GARDEN ROOM
2:30pm	Baking Club with Deb DINING ROOM
2:30pm	Musical one-to-ones with Paul
4:00pm	Relax to music LOUNGE

LOUNGE

GARDEN ROOM

Friday 28th

9:15am

Exercises with Oscar

LOUNGE

10:00am

Daily News with Georgie

LOUNGE

10:00am

Walking Club with Sammie

11:00am

Residents meeting with Matt

LOUNGE

2:30pm

General knowledge quiz with Georgie

LOUNGE

2:30pm

Arts and crafts with Sammie

GARDEN ROOM

4:00pm

Relax to music

LOUNGE

Saturday 29th	
9:15am	Exercises with Georgie LOUNGE
10:00am	Daily News with Georgie LOUNGE
11:00am	Music lyrics quiz with Georgie LOUNGE
2:30pm	What is important to you? with Georgie LOUNGE
4:00pm	Relax to music LOUNGE

Sunday 30th	
10:00am	Daily News with Matt LOUNGE
11:00am	'Riders in the Sky' motorcycle drive-by
2:30pm	Sunday Crosswords with Matt LOUNGE
4:00pm	Relax to music LOUNGE

One-to-ones, fresh air and pet therapy happen around the home.

Week beginning Monday 31st August

Monday 31st		Tuesday 1st September		Wednesday 2nd		Thursday 3rd		Friday 4th		Saturday 5th		Sunday 6th	
9:15am	Exercises with Oscar	9:15am	Exercises with Georgie	9:15am	Exercises with Oscar	9:15am	Exercises with Deb	LIVE ENTERTAINMENT AT 2.30PM		SUMMER GARDEN PARTY FROM 3PM		10:00am	Daily News with Sammie
	LOUNGE		LOUNGE		LOUNGE		LOUNGE	9:15am	Exercises with Oscar	9:15am	Exercises with Sammie		LOUNGE
10:00am	Daily News with Sammie	10:00am	Daily News with Matt	10:00am	Daily News with Georgie	10:00am	Daily News with Matt	10:00am	Daily News with Matt	10:00am	Daily News with Deb	11:00am	Memories of growing up with Sammie
	LOUNGE		LOUNGE		LOUNGE		LOUNGE		LOUNGE		LOUNGE		LOUNGE
10:00am	Walking Club with Oscar	10:00am	Walking Club with Debbie	10:00am	Walking Club with Oscar	10:00am	Walking Club with Debbie	10:00am	Walking Club with Oscar	10:00am	One-to-ones with Sammie	2:30pm	Sunday singalong with Sammie
			LOUNGE			11:00am	Animals of the world with Matt	11:00am	Mystery presentation with Matt	11:00am	Words in a word with Deb		LOUNGE
11:00am	Rummage boxes with Oscar	11:00am	Give me 5 with Matt	11:00am	Balloon tennis with Georgie	11:00am	Crafts with Sammie	11:00am	GARDEN ROOM	3:00pm	Summer Garden Party!	4:00pm	Relax to music
	GARDEN ROOM		LOUNGE		LOUNGE	11:00am	Who's in the bag with Oscar	11:00am	LOUNGE		LOUNGE		LOUNGE
11:30am	Morning Worship with Sammie	11:00am	Crafts with Georgie	11:00am	What's in the bag with Oscar	2:30pm	Book Club with Matt	2:30pm	GARDEN ROOM	4:00pm	Relax to music		
	LOUNGE		GARDEN ROOM		GARDEN ROOM	2:30pm	Rhymes — What's the next line? with Oscar	2:30pm	DINING ROOM				
2:30pm	Word games with Sammie	11:00am	One-to-ones with Deb	2:30pm	Book Club with Matt	2:30pm	Baking Club with Deb	2:30pm	Musical Entertainment with Danny Jukebox				
	LOUNGE	2:30pm	Singing Circle with Paul		LOUNGE		DINING ROOM	4:00pm	Relax to music				
2:30pm	Armchair Basketball with Oscar	2:30pm	Cards with Deb	2:30pm	Rhymes — What's the next line? with Oscar	4:00pm	Musical one-to-ones with Paul		LOUNGE				
	GARDEN ROOM		GARDEN ROOM		GARDEN ROOM		LOUNGE						
4:00pm	Relax to music	4:00pm	Relax to music	4:00pm	Relax to music								
	LOUNGE		LOUNGE		LOUNGE								

Family and friends are always welcome to join in — just ask a member of the Well Being team.